

Curriculum Vitae

Kimberly L. Groves, Psy.D.

Licensed Clinical Psychologist

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EDUCATION AND DEGREES AWARDED

Doctor of Psychology	September, 2010 Forest Institute of Professional Psychology APA Accredited Clinical Psychology Program
Master of Arts - Clinical Psychology	September, 2007 Forest Institute of Professional Psychology
Bachelor of Science – Psychology	May, 2005 Kennesaw State University

PROFESSIONAL LICENSE

State: New Jersey
Number: 35S100524700
Type: Licensed Practicing Psychologist

PRESENT POSITIONS

The Center for Emotional Health	Staff Psychologist
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Description: The Center for Emotional health is an outpatient mental health facility dedicated to providing a supportive, collaborative environment to adults, adolescents, and children seeking evaluation and treatment of a wide range of psychological disorders and other clinical problems. Responsibilities include providing individual, couples, or family therapy, and general psychological evaluations.

MedOptions Behavioral Health	Staff Psychologist
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Description: MedOptions is the nation's leading provider of behavioral health services to skilled nursing and assisted living facilities in the Northeast and Mid-Atlantic states. Responsibilities include providing comprehensive assessments and treatments through a multidisciplinary team of Psychiatrists, Psychologists, Psychiatric Nurse Practitioners, Physicians, Physical Therapists, Occupational Therapists, Speech Therapists, and Social Workers. Patients at these facilities are

evaluated and treated for a variety of psychological disorders and assessed on their neuro-cognitive functioning.

PREVIOUS CLINICAL EXPERIENCE

Post-Doctoral Residency
September 2010 – February 2014 **The Center for Emotional Health**
Cherry Hill, New Jersey

Pre-Doctoral Internship
September 2009 – August 2010 **Royal Oaks Hospital**
Windsor, Missouri

Description: Royal Oaks Hospital, located in the rural community of Windsor, Missouri, is a 41-bed behavioral health hospital that provides comprehensive services for children, adolescents and adults. Internship requirements include individual, group, and family therapy for all ages, as well as psychological assessments.

Private Practice
October 2008- August 2010: **New Beginnings Behavioral Health**
Nixa, Missouri

Description: New Beginnings offers the complete range of psychological services including individual, group, couples, and family therapy, psychological and neuropsychological testing, support groups, parenting classes, business and career counseling, personal growth and life enhancement services, and education and training seminars.

GRADUATE LEVEL PRACTICA

July 2006- August 2008 **Practicum Student**
Robert J. Murney Clinic
Springfield, Missouri

Description: The Robert J. Murney Clinic of Forest Institute is an outpatient mental health clinic committed to meeting the needs of the citizens of Southwest Missouri who are underserved. This teaching institution uses an income based fee structure to provide clinical services by supervised psychological trainees, interns and post-doctoral residents, as well as licensed psychologists and professional counselors.

Duties: Conducted initial intake interviews and provided psychotherapy services to adults, couples, and groups. Also engaged in psychological testing, interpretation, and integrated report writing.

January 2007- March 2007 **Practicum Student**
Community Hospice of America
Springfield, Missouri

Description: Community Hospice of America is part of a family of community based hospices. Hospice offers palliative care to those at the end of life. The staff's goals are to meet the physical, emotional, and spiritual needs of patients and to offer support for the family and significant others.

Duties: Conducted initial intake interviews and provided psychotherapy services to inpatient older adults who met the criteria to for hospice care. In addition, offered psychotherapy to family members and significant others in their homes following their loss. Also co-facilitated a grief group utilizing Kubler-Ross' stages of grief for the family members experiencing one year after their loss of a loved one.

July 2007-December 2007 **Practicum Student**
Family Violence Center
Springfield, Missouri

Description: The Family Violence Center is a 30-room facility for women and children designated as victims of domestic violence. The family violence center also offers a longer term transitional housing unit for families to occupy until obtaining financial stability. Also worked with para-professionals to coordinate appropriate treatment plans for the residents.

Duties: Conducted initial intake interviews and provided psychotherapy services to adults. Engaged in psychological testing, interpretation, and integrated report writing.

January 2008 - June 2008 **Practicum Student**
Robert J. Murney Clinic
Forensic Evaluations Block
Springfield, Missouri

Duties: Conducted initial intake interviews and psychological evaluations. The referrals were primarily probation and parole clients. In addition referrals were made from various attorney's in the area for workers compensation cases, nearby colleges referred for learning disorder cases, and various other referral sources requested general evaluations. The focus of the block was on the Rorschach Inkblot test. All assessments were conceptualized from a psychodynamic standpoint.

PSYCHOTHERAPY/PSYCHOEDUCATIONAL GROUPS

Grief and Loss Support Group – Hospice

A group designed to address the mental/emotional, physical, and social reactions one encounters after a death. Bereavement is processed using Kubler-Ross' stages of grief. Each stage was processed as related to the relationship with the person who died, the situation surrounding the death, and the person's attachment to whom or what was lost. In addition we addressed any individual needs that required referral for individual therapy or other support groups.

Body Esteem Group – Robert J. Murney Clinic

A special six week women's group focusing on self-esteem, appearance assumptions, and healthy eating. Social stigmas were discussed in relation to body image.

TEACHING

Projective Assessment Lab Instructor

Co-facilitated the lab portion of the projective assessment class for two consecutive terms at the Forest Institute of Professional Psychology. The focus of the projective assessment course is the Rorschach Inkblot Test, the Thematic Apperception Test (TAT), and projective drawings. The course covers administration, scoring, and interpretation, including the theoretical foundations and historical perspective. The lab course coincides with course material, in which students practice administration, scoring, and interpretation of projective test instruments. Duties included grading the scoring of each student's Rorschach protocols based on the Exner Comprehensive Scoring System.

Course Instructor: Kent W. Franks, Ph.D.

Cognitive Assessment Lab Instructor

Co-facilitated the lab portion of the cognitive assessment class at Forest Institute of Professional Psychology. The focus of the cognitive assessment course is on the administration and interpretation of the most widely used intelligence tests – the Wechsler Adult Intelligence Scale III (WAIS- III) and the Wechsler Intelligence Scale for Children IV (WISC-IV). Also included in the course are the Wechsler Abbreviated Scale of Intelligence (WASI) and the Stanford Binet. The lab portion of the course involves the practice of administration and scoring of the intelligence tests.

Course Instructor: Glenna Weis, Ph.D.

VOLUNTEER WORK

2004-2005: Alzheimer's Association

Description: The Alzheimer's Association is the leading voluntary health organization in Alzheimer care, support and research. Their mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

Duties: Volunteered as a helpline counselor. Spoke with family members and caregivers for Alzheimer's patients about their stressors related to living with a family member with

Alzheimer's. The helpline offered resources for financial assistance, in home care, and health care options. Other appropriate referrals were made for follow up care. Also, attended various mental health fairs to network with other professionals and offer information about the Alzheimer's Association to individuals attending the fair.

2004-2005 Make-A-Wish Foundation

Description: Make-A-Wish is a non-profit organization who "grants wishes" to children aged 2.5 to 18 years old with life threatening medical conditions.

2001-Present: Juvenile Diabetes Research Foundation (JDRF)

Description: The Juvenile Diabetes Research Foundation is a non-profit organization that raises money for research to find a cure for Type I diabetes and it's complications.

PROFESSIONAL ACTIVITIES

2005: Professional Seminar by William Glasser, M.D.

Attended William Glasser, M.D.'s seminar "Defining Mental Health as a Public Health Problem." The seminar also focused on Choice Theory and how to elicit clients to rid themselves of external control.

2005-2006 : Student Council

Represented my peers as a liaison for student's concerns.

2005-2010: Admissions Volunteer

Conducted tours and sat on a student panel to orient perspective students to Forest Institute

RESEARCH

2007-2010: Dissertation

Title: *An Exploration of Psychological Testing: A Malingering Scale on the Rorschach*

Based on the conclusions drawn from my master's thesis, a dissertation research project investigated a potential malingering scale. The proposed scale will utilize content scores that occur with increased frequency in malingered protocols. Previous research has suggested that malingered Rorschach's had fewer responses. They were also characterized by more dramatic and graphic content. It is possible that dramatic Rorschach contents could be quantified into a scale that would correlate with malingering. The study utilized raw data obtained from 40 undergraduate students. Each participant was administered the Rorschach. Half of the participants were directed to malingering and the other half responded honestly. The protocols were scored, and the data was tested for specificity and sensitivity.

2006-2007: Master's Thesis

Title: *An Exploration of Psychological Testing and Malingering*

Completed a literature review to meet the requirements for Master of Arts at Forest Institute of Professional Psychology. The literature review consisted of discussing the current instruments used to detect malingering. The Rorschach was discussed in terms of

it's potential use in a psychological battery used to detect malingering in the future.

PROFESSIONAL ORGANIZATIONS

American Psychological Association
Juvenile Diabetes Research Foundation
American Diabetes Association

HONORS/SCHOLARSHIPS/AWARDS

Dean's List, Clinical Psychology, Forest Institute of Professional Psychology, 2005-2008
Dean's List, Psychology, Kennesaw State University, 2003-2005
Honors List, Fairleigh Dickinson University, 2001-2002, Kennesaw State University,
Spring 2003, Fall 2004.
Psi Chi, 2007-2010