

Stephanie Rabin Scherr
Licensed Psychologist NJ # 35SI00544800

EDUCATION

- 2013 **Drexel University**
Ph.D., Clinical Psychology
Cognitive Behavioral Therapy concentration
Dissertation: The Interaction of Therapist Experiential Avoidance and
Extraneous Clinical Information in Predicting Therapist Preference for
Exposure Treatment for OCD
- 2011 **Drexel University**
M.S., Clinical Psychology
Master's Thesis: Testing an Alternative Hypothesis for Cognitive Bias
Modification for Public Speaking Anxiety
- 2006 **Cornell University**, College of Human Ecology
Bachelor of Science, Biology & Society
Concentrations in Human Development and Psychology

CLINICAL EXPERIENCE AND TRAINING

- 2015-present **Licensed Psychologist**, The Center For Emotional Health of Greater
Philadelphia
- 2013-2015 **Postdoctoral Fellow**, The Center For Emotional Health of Greater
Philadelphia
- 2012-2013 **Psychology Intern**, Minneapolis Veterans Affairs Health Care System
- 2008-2012 **Therapist and Assessor**, Social Anxiety Treatment Program, Drexel
University
- 2010-2012 **Therapist**, Anxiety Treatment and Research Center, Drexel University
- 2010-2011 **Therapist**, Outpatient Psychiatry, Drexel University College of Medicine
- 2009-2010 **Therapist and Behavioral Health Consultant**, Delaware Valley
Community Health, Philadelphia, PA
- 2009 **Therapist**, Drexel University Public Speaking research study
- 2008-2009 **Therapist**, ACT and Cognitive Therapy for Test Anxiety research study,
Drexel University
- 2008-2009 **Assessor**, Behavioral Weight Loss Program, Drexel University

2006-2008 **Assessor**, Mood and Anxiety Disorders Program, National Institute of Mental Health, Bethesda, MD

2005-2006 **Therapist**, Fall Creek Elementary School, Ithaca, NY

RESEARCH EXPERIENCE

Independent Study **Examining implementation of evidence-based practice for PTSD within a sample of National Guard soldiers who participated in a grant-funded longitudinal study of PTSD**
2012-2013
Collaborators and Mentors: Melissa Polusny, Ph.D.; Shannon Kehle-Forbes, Ph.D.

Dissertation **The Interaction of Therapist Experiential Avoidance and Extraneous Clinical Information in Predicting Therapist Preference for Exposure Treatment for OCD**
2011-2013
Committee Chairperson: James Herbert, Ph.D.
Committee Members: Brian Daly, Ph.D.; David DeMatteo, J.D., Ph.D.; Evan Forman, Ph.D.; Brandon Gaudiano, Ph.D.

Master's Thesis **Testing an Alternative Hypothesis for Cognitive Bias Modification for Public Speaking Anxiety**
2009-2011
Defense: August 2011
Committee Chairperson: James Herbert, Ph.D.
Committee Members: Evan Forman, Ph.D.; Shmuel Lissek, Ph.D.

Lab Coordinator **Acceptance-Based Behavior Therapy Program, Drexel University**
2011-2012
Supervisors: James Herbert, Ph.D., Evan Forman, Ph.D.

Research Coordinator **Variations of Cognitive Behavioral Therapy for Social Anxiety Disorder**
2011-2012
Supervisors: James Herbert, Ph.D., Evan Forman, Ph.D.

Research Assistant Coordinator **Acceptance-Based Behavior Therapy Program, Drexel University**
2010-2011

Data Manager **Social Anxiety Treatment Program, Drexel University**
2009-2010 *Supervisors:* James Herbert, Ph.D.; Evan Forman, Ph.D.

Data Coordinator **Public Speaking Study, Drexel University**
2009
Supervisors: James Herbert, Ph.D.; Erica England, Ph.D.

Data Coordinator **ACT and Cognitive Therapy for Test Anxiety, Drexel University**
2008-2009 *Supervisors:* James Herbert, Ph.D.; Evan Forman, Ph.D.

Research Assistant Behavioral Weight Loss Program, Drexel University
2008-2009

Research Assistant Mood and Anxiety Disorders Program, National Institute of Mental Health, Bethesda, MD
2006-2008
Supervisors: Christian Grillon, Ph.D.; Shmuel Lissek, Ph.D.

Research Assistant Department of Human Development, Cornell University, Ithaca, NY
2005-2006
Supervisor: Cindy Hazan, Ph.D.

PUBLICATIONS

- Scherr, S.R.**, Herbert, J.D., & Forman, E. M. (2015). The role of therapist experiential avoidance in predicting therapist preference for exposure treatment for OCD. *Journal of Contextual Behavioral Science*, <http://dx.doi.org/10.1016/j.jcbs.2014.12.002>.
- Lissek, S., Kaczkurkin, A.N., **Rabin, S.**, Geraci, M., Pine, D.S. (2014). Generalized Anxiety Disorder is Associated with Overgeneralization of Classically Conditioned Fear. *Biological Psychiatry*, 75(11), 909-915.
- Goetter, E.M., Herbert, J.D., Forman, E.M., Yuen, E.K., Gershkovich, M., Glassman, L.H., **Rabin, S.**, Goldstein, S.P. (2013). Delivering exposure and ritual prevention for obsessive compulsive disorder via videoconference: clinical considerations and recommendations. *Journal of Obsessive-Compulsive and Related Disorders*.
- Yuen, E.K., Herbert, J.D., Forman, E.M., Goetter, E.M., Juarascio, A.J., **Rabin, S.J.**, Goodwin, C.L., Bouchard, S. (2013). Acceptance-based behavior therapy for social anxiety disorder through videoconferencing. *Journal of Anxiety Disorders*.
- England, E.L., Herbert, J.D., Forman, E.M., **Rabin, S.J.**, Juarascio, A., & Goldstein, S. (2012). Acceptance-based exposure therapy for public speaking anxiety. *Journal of Contextual Behavioral Science*. 1(1), 66-72.
- Lissek, S., **Rabin, S.J.**, Heller, R.E., Luckenbaugh, D., Geraci, M., Pine, D.S., & Grillon, C. (2010). Overgeneralization of Conditioned Fear as a Pathogenic Marker of Panic Disorder. *American Journal of Psychiatry*, 167(1), 47-55.
- Grillon, C., Pine, D.S., Lissek, S., **Rabin, S.**; Bonne, O.; Vythilingam, M. (2009). Increased anxiety during anticipation of unpredictable aversive stimuli in posttraumatic stress disorder but not in generalized anxiety disorder. *Biological Psychiatry*, 66(1), 47-53.
- Lissek, S., **Rabin, S.J.**, McDowell, D.J., Dvir, S., Bradford, D.E., Geraci, M., Pine, D.S., Grillon, C. (2009). Impaired discriminative fear-conditioning resulting from elevated fear responding to learned safety cues among individuals with panic disorder. *Behaviour Research and Therapy*, 47(2), 111-118.

Grillon, C., Lissek, S., **Rabin, S.**, McDowell, D., Dvir, S., Pine, D.S. (2008). Increased anxiety during anticipation of unpredictable but not predictable aversive stimuli as a psychophysiological marker of panic disorder. *American Journal of Psychiatry*, 165(7), 898-904.

Lissek, S., Biggs, A.L., **Rabin, S.J.**, Cornwell, B., Alvarez, R., Pine, D., Grillon, C. (2008) Generalization of conditioned fear-potentiated startle in humans: Experimental validation and clinical relevance. *Behaviour Research and Therapy*, 46(5), 678-687.

PRESENTATIONS

Goetter, E. M., Herbert, J. D., Forman, E. M., Yuen, E. K., Gershkovich, M., Goldstein, S., Glassman, L. H., & **Rabin, S.** (2013). Remote delivery of exposure and ritual prevention for obsessive compulsive disorder: Results and clinical recommendations. In E. M. Goetter (Chair), *Implementing Internet-Mediated Exposure Therapy for Various Anxiety Disorders: Research Findings and Clinical Considerations*. Paper presented at the 33rd annual convention of the Anxiety and Depression Association of America, La Jolla, CA.

Yuen, E. K., Herbert, J. D., Forman, E. M., Goetter, E. M., Juarascio, A. S., **Rabin, S. J.**, McGrath, K. B., & Goodwin, C. L. (2013). Videoconference-mediated exposure therapy for social anxiety disorder. In E. M. Goetter (Chair), *Implementing internet-mediated exposure therapy for various anxiety disorders: Research findings and clinical considerations*. Paper presented at the 2013 Anxiety Disorders and Depression Conference, La Jolla, CA.

Rabin, S.J., Herbert, J.D., Forman, E.M., Ibrahim, A.Y., Matteucci, A.J., & Goldstein, S.P. (November 2012). The Roles of Therapist Experiential Avoidance and Extraneous Clinical Information in Predicting Therapist Preference for Exposure Treatment for OCD: Preliminary Results. Poster presented at the 46th annual convention of Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Yuen, E.K., Herbert, J.D., Forman, E.M., Goetter, E.M., Juarascio, A.S., **Rabin, S.**, Goodwin, C. (July 2012). Acceptance-based behavior therapy for social anxiety disorder using videoconferencing and virtual environments. In B. Gaudiano (Discussant), *Internet-Based Delivery of ACT: Legal, Ethical, and Clinical Developments*. A symposium presented at the 10th annual Association for Contextual Behavioral Science World Conference.

Rabin, S.J., Herbert, J., Forman, E., Lissek, S., Erford, B.M., & Goldstein, S.P. (November 2011). Testing an Alternative Hypothesis for Cognitive Bias Modification for Public Speaking Anxiety. Poster presented at the 45th annual convention of Association for Behavioral and Cognitive Therapies, Toronto, ON.

Rabin, S.J., Herbert, J., Forman, E., Lissek, S., Erford, B.M., & Goldstein, S.P. (May 2011). Testing an Alternative Hypothesis for Cognitive Bias Modification for Public Speaking Anxiety. Poster presented at Philadelphia Behavior Therapy Association (PBTA) Student Poster Exhibition, Philadelphia, PA.

- Rabin, S.J.**, Herbert, J., Forman, E., Lissek, S., Erford, B.M., & Goldstein, S.P. (April 2011). Testing an Alternative Hypothesis for Cognitive Bias Modification for Public Speaking Anxiety. Poster presented at Drexel College of Arts and Sciences Research Day 2011.
- Park, J. A., **Rabin, S. J.**, Herbert, J. D., & Forman, E. M. (November 2010). Examining potential mediators in an acceptance-based treatment for social anxiety disorder. Poster presented at the 44th annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Yuen, E. K., Herbert, J. D., Forman, E. M., Goetter, E. M., Juarascio, A. S., **Rabin, S. J.**, McGrath, K. B., Goodwin, C. L., Park, J. A., & Bouchard, S. (November 2010). Using Skype videoconferencing and Second Life virtual environments to deliver acceptance-based behavior therapy for social anxiety disorder. In J. Herbert (Chair), *New developments in remote and internet-based treatment*. Paper presented at the 44th annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Goodwin, C.L., Juarascio, A.J., **Rabin, S.J.**, Goetter, E., Park, J., Forman, E.M., & Herbert, J. (November 2009). Acceptance and Commitment Therapy versus Cognitive Therapy for test anxiety in an undergraduate population. Poster presented at the 43rd annual convention of Association for Behavioral and Cognitive Therapies, New York, NY.
- Juarascio, A.J., Forman, E.M., Herbert, J.D., **Rabin, S.J.**, Goodwin, C.G. (November 2009). ACT vs. Cognitive Therapy for the Treatment of Comorbid Eating Pathology. In G. Eifert (Discussant), *Beyond the Efficacy Ceiling: Targeting Universal Processes Across Diverse Problems in ACT Clinical Effectiveness Trials*. A symposium presented at 43rd annual convention of Association for Behavioral and Cognitive Therapy, New York, NY.
- Rabin, S.J.**, Park, J., Goodwin, C.L., Juarascio, A., Forman, E. & Herbert, J. (November 2009). Comparison of Acceptance and Commitment Therapy and traditional Cognitive Behavior Therapy on reduction of hopelessness in depressed individuals. Poster presented at the 43rd annual convention of Association for Behavioral and Cognitive Therapies, New York, NY.
- Rabin, S.J.**, Park, J., Forman, E., Herbert, J., Goodwin, C., Juarascio, A. (June 2009). Comparison of Acceptance and Commitment Therapy and Traditional Cognitive Behavior Therapy in Reducing Hopelessness in Depressed Individuals. Poster presented at the Philadelphia Behavior Therapy Association (PBTA) Student Poster Exhibition, Philadelphia, PA.
- Juarascio, A., Forman, E., Herbert, J., **Rabin, S.**, Goodwin, C. (June 2009). Acceptance and Commitment Therapy versus Cognitive Therapy for the Treatment of Co-Morbid Eating Pathology. Poster presented at the Philadelphia Behavior Therapy Association (PBTA) Student Poster Exhibition, Philadelphia, PA.
- Lissek, S., **Rabin, S.**, Biggs, A., Alvarez, R., Cornwell, B., Vythilingam, M., Grillon, C. (October 2007). Generalization of conditioned fear as a pathogenic marker of PTSD. In M. Wessa (Discussant), *Stress sensitization and fear learning in posttraumatic stress disorder*. A symposium presented at the 47th Annual Meeting of the Society for Psychophysiological Research, Savannah, GA.

Rabin, S.J., Lissek, S., Biggs, A.L., Alvarez, R., Cornwell, B., Grillon, C. (October 2007).
Psychophysiological validation of an aversive conditioning paradigm to assess fear
generalization gradients. Poster presented at the 47th Annual meeting for the Society for
Psychophysiological Research in Savannah, GA.

Rabin, S.J., Lissek, S., Biggs, A.L., Alvarez, R., Cornwell, B., Grillon, C. (May 2007).
Psychophysiological validation of an aversive conditioning paradigm to assess fear
generalization gradients. Poster presented at the National Institute of Mental Health Post
baccalaureate Research Festival, Bethesda, MD.

EDITORIAL ACTIVITIES

Reviewer, *Behaviour Research and Therapy*

Ad hoc reviewer, *Journal of Consulting and Clinical Psychology*

PROFESSIONAL ASSOCIATIONS

American Psychological Association (APA); Society of Clinical Psychology (Division 12)
Association for Behavioral and Cognitive Therapies (ABCT); Anxiety Special Interest Group,
Dissemination and Implementation Science Special Interest Group
Association for Contextual Behavioral Science (ACBS)
Association for Psychological Science (APS)
International OCD Foundation (IOCDF)
Philadelphia Behavior Therapy Association (PBTA)
Society for a Science of Clinical Psychology (SSCP)
Trichotillomania Learning Center (TLC)