

Anton Shcherbakov, Psy.D, BCBA

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EDUCATION

Graduate School of Applied and Professional Psychology, Rutgers, New Brunswick, NJ

Doctor of Psychology (Psy.D) in Clinical Psychology, October 2016

Dissertation Title: *Stigma of autism spectrum disorder: The cost of a spoiled identity*

Dissertation Committee: James Walkup, Ph.D (chair) and Sandra Harris, Ph.D

Rutgers University, New Brunswick, NJ

Bachelor of Arts (BA) in Psychology, Summa Cum Laude, May 2011

Thesis Title: *Does group loyalty influence moral judgments?*

Advisor: Alan Leslie, Ph.D

CERTIFICATION / LICENSE

Board Certified Behavior Analyst (BCBA); Certification #: 1-14-16071

Licensed Psychologist; NJ License #: 35SI00592000

CLINICAL & WORK EXPERIENCE

The Center for Emotional Health of Greater Philadelphia

Cherry Hill, NJ & Princeton, NJ

Clinical Psychologist

10/2016-Present

- Provide individual and family psychotherapy to children, adolescents, and adults in an outpatient private practice setting.
- Utilize evidence-based CBT treatment approaches for disorders including ADHD, anxiety, autism spectrum, BFRB, OCD, and tic disorders.

ThinkPsych

Lumberton, NJ

Cofounder / Executive Director

05/2019 - Present

- Cofounded company focused on developing and distributing evidence-based products that support language and social-emotional development
- Oversee product development process from initial research through manufacturing
- Develop strategic plan for marketing and business development

Rutgers University

Piscataway, NJ

Part Time Lecturer and Visiting Clinical Supervisor

05/2019 - Present

- Provide clinical supervision to psychology doctoral students working with clients in the Psychological Services Clinic
- Taught "Social and Developmental Foundations of Human Behavior" to clinical psychology doctoral students enrolled in the Rutgers Graduate School of Applied and Professional Psychology (GSAPP).
- Taught "Cognitive and Affective Psychology" during summer 2019 and summer 2020 semesters to clinical psychology doctoral students.

The Uncommon Thread
Behavior Analyst

Stirling, NJ
05/2015-06/2020

- Completed initial assessments of children with autism spectrum disorders and develop treatment plans for home-based Applied Behavior Analysis (ABA) therapy.
- Oversaw implementation of home ABA therapy by analyzing treatment data and providing supervision to ABA therapists.
- Provided parent training to promote parent skill acquisition and generalization of therapy.
- Consulted to school districts on the implementation of effective behavior reduction and skill acquisition strategies for individuals with autism spectrum disorders

CLINICAL TRAINING

VA New Jersey Health Care System
Psychology Intern

Lyons, NJ & East Orange, NJ
8/2015-08/2016

- Provided individual and group psychotherapy to Veterans in residential PTSD, nursing home, primary care, and substance abuse units.
- Led psychoeducation groups covering a variety of topics including recovery from substance abuse, grief, and relationship issues.
- Conducted clinical assessments to assess cognitive and personality functioning. Wrote integrated reports.

VA New Jersey Health Care System
Research Assistant / Clinician

Lyons, NJ & East Orange, NJ
5/2013-8/2015

- Assisted with the implementation and evaluation of a randomized control trial investigating Mindfulness Based Cognitive Therapy for Suicidal Veterans (MBCT-S).
- Conducted research assessments to identify diagnosis, symptom severity, and suicide history on acute psychiatric units.
- Provided MBCT-S treatment on an outpatient basis using both group and individual modalities.

John F. Kennedy Hospital Center for Behavioral Health
Psychology Extern

Edison, NJ
9/2013-5/2015.

- Provided individual and group psychotherapy in an outpatient mental health clinic to a diverse group of patients using CBT and psychodynamic treatment approaches.
- Led a 12-week anger management group for court-mandated offenders.
- Assisted with a performance improvement project to implement outcome measurement and to improve risk assessment.

Rutgers Psychological Services Clinic
Psychology Extern

Piscataway, NJ
11/2011-8/2014

- Provided short- and long-term individual psychotherapy to Rutgers students and individuals in the community using CBT and psychodynamic treatment approaches.
- Conducted ADHD, learning, and disability evaluations. Wrote integrated reports.

Douglass Developmental Disabilities Center
Behavioral Consultant

New Brunswick, NJ
6/2011-06/2013

- Conducted FBAs using interview, direct observation, and functional analysis methodologies in an out-of-district placement for adolescents and adults with autism.
- Wrote behavior intervention plans (BIPs) and reports for districts summarizing results of FBAs.
- Served as a consultant to teachers in the classroom to improve BIP treatment integrity and to develop solutions to behavior and learning difficulties.

RESEARCH EXPERIENCE

Center for Effective School Practices, Rutgers University
Research Associate

New Brunswick, NJ
02/2012-08/2015

Principal Investigators: Cindy Blitz, Ph.D & William Firestone, Ph.D

- Designed and distributed surveys using the Qualtrics survey software to assess stakeholders' perceptions of a new teacher evaluation system for the New Jersey Department of Education.
- Conducted descriptive, factor, path, and regression analyses using SPSS.
- Provided data consultation to local school districts, created presentations, and wrote reports summarizing findings.
- Provided professional development workshops for teachers on topics including teacher evaluation and using data to improve instruction.

TEACHING EXPERIENCE

Rutgers, The State University of New Jersey
Graduate Assistant – “Advanced Fieldwork”

New Brunswick, NJ
09/2011 - 05/2013

- Co-taught four semesters of advanced topics in applied behavior analysis for undergraduate students doing fieldwork at the Douglass Developmental Disabilities Center.
- Responsibilities included developing lessons plans, leading lectures, and grading assignments.

PUBLICATIONS IN PEER REVIEWED JOURNALS

Interian, A., Megan, C., Kline, A., Miller, R., St. Hill, L., Latorre, M., **Shcherbakov, A.**, King, A., & Stanley, B. (2018). Use of the Columbia-Suicide Severity Rating Scale (C-SSRS) to Classify Suicidal behaviors. *Archives of Suicide Research*, 20(2), 278-294.

Kline, A., Weiner, M. D., Interian, A., **Shcherbakov, A.**, & St Hill, L. (2016). Morbid thoughts and suicidal ideation in Iraq war veterans: The role of direct and indirect killing in combat. *Depression and Anxiety*, 33(6), 473-482.

Kline, A., Chesin, M., Latorre, M., Miller, R., St. Hill, L., **Shcherbakov, A.**, King, A., Stanley, B., Weiner, M.D., & Interian, A. (2016). Rationale and study design of a trial of mindfulness-based cognitive therapy for preventing suicidal behavior (MBCT-S) in military veterans. *Contemporary Clinical Trials*, 50, 245-252

OTHER PUBLICATIONS

Firestone, W. A., Nordin, T.L., **Shcherbakov, A.**, Kirova, D., Blitz, C.L. (2014). New Jersey's Pilot Teacher Evaluation Program: Year 2 Final Report. New Brunswick, NJ: Rutgers Graduate School of Education. Can be retrieved from:

<https://cesp.rutgers.edu/sites/default/files/RU-GSETEACHEREVALREPORT2014.pdf>

Firestone, W.A., Blitz, C.L., Gitomer, D.H., Kirova, D., **Shcherbakov, A.**, Nordin, T.L., (2013). New Jersey Teacher Evaluation, RU-GSE External Assessment, Year 1 Report. New Brunswick, NJ: Center for Effective School Practices. Can be retrieved from:

<http://www.state.nj.us/education/archive/EE4NJ/presources/RUGSE11-12.pdf>

Shcherbakov, A. (2012). Research review: Teaching children with autism to read for meaning, challenges and possibilities. *Science in Autism Treatment Newsletter*, Fall 2012.

INVITED SPEAKER

Shcherbakov, A. Parenting Children and Teens with Anxiety and ASD. Workshop presented at Asperger/Autism Spectrum Education Network (aspen) Fall 2020 Virtual Video Conference, Online: (October, 2020)

CONFERENCE PRESENTATIONS

Shcherbakov, A. Treatment of Obsessive Compulsive Disorder in Individuals with ASD. Workshop presented at the Autism New Jersey 38th Annual Conference, Online: (October, 2020)

Burke, D.A., Deibler, M., Rabin, S.S., and **Shcherbakov, A.** Clinical roundtable on the use of exposure in HRT/COMB and other treatment nuances. Workshop presented at the 2019 TLC Annual Conference on Body-Focused Repetitive Behaviors. Chantilly, VA: (May, 2019)

Shcherbakov, A., Blitz, C.L., Kirova, D. Predicting the self-efficacy of school leaders: Trust matters. Paper accepted for presentation at the 2015 Annual Meeting of the American Educational Research Association. Chicago, IL: (April, 2015)

Kirova, D., **Shcherbakov, A.**, Blitz, C.L., Firestone, W.A. Teaching to the test: Impacts of evaluating teachers through student growth measures. Paper accepted for presentation at the 2015 Annual Meeting of the American Educational Research Association. Chicago, IL: (April 2015)

Blitz, C.L., Kirova, D., **Shcherbakov, A.** Relationship between teachers' professional efficacy beliefs and their assessment of a new teacher evaluation system. Paper presented at the 2014 Annual Meeting of the American Educational Research Association. Philadelphia, PA: (April, 2014)

Pepa, L.A., LaRue, R., Manente, C., Bamond, M., Isenhower, R.W., **Shcherbakov, A.**, Maraventano, J., Wichtel, S.C. Addressing escape-maintained behavior in adolescents and adults with autism with economic manipulations and choice. Symposium presented at the 39th Annual Convention of the Association for Behavior Analysis. Minneapolis, MN: (May, 2013)

Pepa, L.A., Manente, C., Maraventano, J., **Shcherbakov, A.**, Wichtel, S., Jorge, I., Thomas, E., LaRue, R.H. Treatment of ritualistic behavior using principles of behavioral economics.

Paper presented at the 2014 International Meeting for Autism Research. Toronto, Canada: (May, 2012)

Manente, C., LaRue, R., Pepa, L.A., **Shcherbakov, A.**, Maraventano, J., Thomas, E., Wichtel, S.C., Fincke, D.M. Treatment of maladaptive behavior by manipulating pay rate and unit price. Symposium presented at the 38th Annual Convention of the Association for Behavior Analysis. Seattle, WA: (May, 2012)

POSTER PRESENTATIONS

Ueyama, S., **Shcherbakov, A.**, Dashow, E., Zemla, C., Brown, Z., Krych, J., Vigneri, M., Costa, P., Miles, T., Abdelmottlib, S., Nock, T., Eisdorfer, Ethan., LaRue, R.H. Treatment of Maladaptive Behavior Evoked by Negative Phrases with Differential Reinforcement of Other Behavior (DRO) 32nd Annual Issues in Autism Conference presented by Autism New Jersey, Atlantic City, NJ: (October, 2013)–**Selected for Best Adult Poster Award**

Walkup, A.M, **Shcherbakov, A.** Can we predict clinician's knowledge of the evidence supporting commonly-endorsed autism interventions? 2013 Association of Professional Behavior Analysts Convention. Las Vegas, NV: (March, 2013)

Shcherbakov, A., Manente, C.J., Wichtel, S., Fincke, D., Maraventano, J., Ueyama, S., LaRue R.H. Examining the Utility of Tracking Individual Affect in Identifying the Function of Severe Challenging Behavior Among Adults with Autism. 8th Annual New Jersey Association for Behavior Analysis Conference. Bridgewater, NJ: (March, 2013)

Shcherbakov, A., Frischmann, T., Noonan, K., McCulloch, M., Coral, N., Torres, F., Ray, C., Greci, V., Contor, S., Zuber, C., Darragh, C., Jones, K., Ueyama, S., Sloan, D., LaRue, R.H. Assessment and Treatment of Ritualistic Behavior in an Adolescent with Autism. 8th Annual New Jersey Association for Behavior Analysis Conference Bridgewater, NJ: (March 2013)

Shcherbakov, A., Ueyama, S., Brown, Z., LaRue, R.H. Assessment and Treatment of Maladaptive Behavior Evoked By Transitions in Learners with Autism. 30th Annual Issues in Autism Conference presented by Autism New Jersey, Atlantic City, NJ: (October, 2012). - **Selected for Best Poster and Best Adult Poster Awards**

Pepa, L.A., **Shcherbakov, A.**, Fucci, M., Guzik, C., Beauchamp Francis, C., Fiske, K.E., Sloman, K., LaRue, R. An assessment of individualized instructional presentation for learners with autism. 38th Annual Convention of the Association for Behavior Analysis. Seattle, WA: (May, 2012)

Pepa, L., Manente, C., Maraventano, J., **Shcherbakov, A.**, Wichtel, S., Jorge, I., Thomas, E., & LaRue, R. H. Treatment of Ritualistic Behavior Using Principles of Behavioral Economics. 29th Annual Issues in Autism Conference presented by Autism New Jersey, Atlantic City, NJ: (October, 2011)

Schulman, R., Torres-Viso, M., Pepa, L., **Shcherbakov, A.**, Nam, K., Mislavsky, R., Mulcahy, J., White, J., Melillo, M., Chang, D., & Sloman, K. Further evaluations of response interruption and redirection (RIRD) in the treatment of stereotypy. 29th Annual Issues in Autism Conference presented by Autism New Jersey, Atlantic City, NJ: (October 2011).

Saunders, K., **Shcherbakov, A.**, & Leslie, A.M. Does Group Cognition Influence Preschoolers' Moral Judgments?. Biennial meeting of the *Society for Research in Child Development*. Montreal, Canada: (April 2011)

SELECTED PRESENTATIONS / WORKSHOPS

- “Tourette Syndrome: De-escalation Techniques for Law Enforcement” Live workshop presented to Middlesex County Prosecutor’s Office Police Training Center.
- “Increasing Wellness in Everyday Life” (March 2021) Live virtual presentation prepared for district-wide professional development in Lawrence Township Public School District.
- “Using Positive Psychology to Find More Happiness Everyday” (January 2021) Live webinar presented on behalf of New Jersey Center for Tourette Syndrome and Associated Disorders.
- “Introduction to Mindfulness for Stress Reduction” (January 2020) Live webinar presented on behalf of New Jersey Center for Tourette Syndrome and Associated Disorders.
- “An Introduction to Tourette Syndrome and Associated Disorders” (December 2019) Workshop presented to teachers in Basking Ridge Public School District.
- “Autism Spectrum Disorder: History, Etiology, and Treatment” (October 2019) Guest lecture prepared for La Salle University doctoral students in clinical psychology.
- “Introduction to Applied Behavior Analysis in the Classroom” (September 2019) Workshop series (40 hours) prepared for paraprofessionals in Edison Township Public School District.
- “Mindfulness for Stress Reduction” (April 2019) Presentation prepared for teachers in Lawrence Township Public School District.
- “Addressing Challenging Behavior” (October 2018) Presentation prepared for parents in Elizabeth Public School District.
- “Discrete Trial Instruction, Data Collection, and Graphing” and “Introduction to the VB-MAPP Assessment” (September 2018) Full-day professional development training prepared for Elizabeth Public School District
- “Introduction to Psychodynamic Psychotherapy” (March 2018) Guest lecture prepared for La Salle University doctoral students in clinical psychology.
- “Autism Spectrum Disorder” (October 2017) Guest Lecture prepared for La Salle University Undergraduate Psychopathology Class.
- “Stress Management for Teens”. (December 2015) Presentation prepared for East Brunswick Youth Council.
- “Introduction to Mindfulness”. (December 2015) Workshop presented to East Brunswick Board of Education, Special Education Advisory Parent Group.

PROFESSIONAL MEMBERSHIPS

American Psychological Association
Autism NJ
New Jersey Association for Behavior Analysis
TLC Foundation for Body-Focused Repetitive Behaviors

PROFESSIONAL TRAINING

Body Focused Repetitive Behavior 3-day Professional Training Institute, May 2018
Biofeedback 2-day Training, July 2012
Dialectical Behavior Therapy 5-day Intensive Training, January 2013
Mindfulness Based Cognitive Therapy 5-day Instructors Training, May 2013

CLINICAL ASSESSMENT TRAINING

Bender Visual Motor Gestalt Test
Columbia Suicide Severity Rating Scale
House-Tree-Person Test
MINI International Psychiatric Interview
Minnesota Multiphasic Personality Inventory - 2
Peabody Picture Vocabulary Test – Fourth Edition
Personality Assessment Inventory
Rorschach Comprehensive System (Exner)
Stanford-Binet Intelligence Scales – Fifth Edition
Thematic Apperception Test
Wechsler Adult Intelligence Scale – Fourth Edition
Wechsler Intelligence Scale for Children – Fourth Edition
Woodcock Johnson – Third Edition

HONORS / AWARDS

31st Annual Issues in Autism Conference Best Overall Poster and Best Adult Poster (2012)
32nd Annual Issues in Autism Conference Best Adult Poster (2013)
Charles F. Flaherty Award for Undergraduate Research (2011)
Cooper Summer Undergraduate Research Fellowship (Summer 2010)
Dean's Excellence Award (2011)
Edward J. Bloustein Scholarship (2007-2011)
Henry Rutgers Scholar (2011)
Joseph and Kristin Mannello Annual Scholarship (2011-2012)
NSF Research Experiences Undergraduate Fellowship (Summer 2009, Summer 2010)
Rutgers Presidential Scholarship (2007-2011)
School of Arts and Sciences Excellence Award (2009-2011)