

**KRISTA KIRCANSKI, PSY.D.
LICENSED PSYCHOLOGIST**

The Center for Emotional Health, LLC
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EDUCATION

Pepperdine University	Doctor of Psychology (Psy.D.) Clinical Psychology	May 2015
	<ul style="list-style-type: none">■ Dissertation title: “Student therapists’ use of self-disclosure with clients who have experienced trauma” (Defended April 2014)■ Committee: Susan Hall, J.D., Ph.D., John Briere, Ph.D., & Edward Shafranske, Ph.D., ABPP	
Boston University	Master of Arts (M.A.) Clinical Psychology	May 2008
Boston University	Bachelor of Arts (B.A.) Psychology (Minor: Sociology)	May 2007

LICENSES AND CERTIFICATIONS

Pennsylvania	PS018141	Issued: September 2016
New Jersey	35SI00572600	Issued: December 2016
Authority to Practice Interjurisdictional Telepsychology (APIT) through PsyPact	6352	Issued: January 2022

CLINICAL EXPERIENCE

Supervising Psychologist The Center for Emotional Health, Cherry Hill, NJ		2016 - Present
	<ul style="list-style-type: none">■ Provide empirically-supported treatment to children, adolescents, and adults in a private practice setting that specializes in OCD, anxiety disorders, BFRBs, tics, and related disorders■ Supervise postdoctoral fellows in training as they gain proficiency in practice and incur hours towards independent licensure	
Postdoctoral Fellow, The Center for Emotional Health		2015 - 2016
Supervisor: Marla Deibler, Psy.D.		
	<ul style="list-style-type: none">■ Provided empirically-supported treatment to children, adolescents, and adults in a private practice setting that specializes in OCD, anxiety disorders, BFRBs, tics, and related disorders■ Expertise in Cognitive Behavioral Therapy (CBT) and evidence-based treatments for anxiety and related disorders (ERP, CBIT, ComB, TF-CBT, PMT, PCIT, DBT skills)	

- Predoctoral Intern, Terry Children's Center** 2014 -
New Castle, DE 2015
 Supervisors: Diane McGuffin, Psy.D., Thomas Olson, Ph.D., & Jacqueline McMichael, Psy.D.
- Provided individual, family, and group empirically-supported treatment to children and adolescents in a residential treatment center specializing in trauma-informed care (TF-CBT, PCIT)
 - Provided individual and group empirically-supported treatment to adjudicated male adolescents within a state detention center (TF-CBT, Motivational Interviewing, Trauma Grief Component Therapy for Adolescents; TGCT-A)
- Psychology Extern, University of California - Los Angeles** 2013 -
Semel Institute for Neuroscience and Human Behavior 2014
Child Anxiety Disorders, OCD and Tic Disorders Program
 Supervisors: John Piacentini, Ph.D., Susanna Chang, Ph.D. & Tara Peris, Ph.D.
- Conducted semi-structured diagnostic interviewing and administered initial and ongoing assessment measures to children and families as an Independent Evaluator (IE) for 4-6 UCLA Child Anxiety Program clinical research trials
 - Received certification and conducted ongoing assessments as an IE in the multi-site Child and Adolescent Anxiety Multimodal Extended Long-Term Study (CAMELS), a longitudinal nationwide clinical research grant examining lifetime anxiety disorders as a follow-up to CAMS
- Psychology Extern, University of California - Los Angeles** 2012 -
Semel Institute for Neuroscience and Human Behavior 2014
Child Anxiety Disorders, OCD and Tic Disorders Intensive Outpatient Program
 Supervisor: R. Lindsey Bergman, Ph.D.
- Provided individual and group empirically-supported treatment (CBT, ERP, DBT, Mindfulness skills training) in an Intensive Outpatient Program for children/adolescents ages 7-17 with primary anxiety disorder and co-morbid diagnoses
- Psychology Extern, Star View Adolescent Residential Treatment Center** 2013 -
Los Angeles, CA 2014
 Supervisors: Nicole Klasey, Psy.D. & Kate McGregor, Psy.D.
- Provided individual and group trauma-informed treatment to adolescents housed in locked level-14 residential and day treatment settings
 - Conducted comprehensive psychological testing with adolescents housed in a locked acute psychiatric hospital
- Psychology Extern, Child and Adolescent Trauma Rotation** 2012 -
Harbor-UCLA Medical Center, Los Angeles, CA 2013
 Supervisor: Janine Shelby, Ph.D.
- Provided empirically-supported treatment and assessments (TF-CBT, PCIT for Traumatized Children, non-directive play therapy) to individuals and families who experienced trauma
 - Provided crisis intervention services and short-term therapy through the Consultation-Liason service in a pediatric intensive care unit
- Psychology Extern, Pepperdine University Counseling Center** 2011 -
Los Angeles, CA 2013
 Supervisors: Aaron Aviera, Ph.D. & Edward Shafranske, Ph.D., ABPP
- Provided short- and long-term empirically-based treatment (CBT) in a sliding-scale university clinic serving individuals with a wide range of Axis I and Axis II diagnoses

Psychology Fellow, Union Rescue Mission 2010 -
Los Angeles, CA 2012

Supervisors: Aaron Aviera, Ph.D. & Stephen Strack, Ph.D.

- Provided individual therapy (Motivational Interviewing, CBT for substance use, CT for Schizophrenia) to dual diagnosis homeless individuals with severe and chronic Axis I and Axis II disorders
- Provided shelter staff with quarterly psychoeducational trainings on identification and responses to common psychiatric and psychotic disorders experienced by homeless populations

Psychology Extern, Bienvenidos Children's Center 2011 -
Los Angeles, CA 2012

Supervisor: Janet Urquizu, Psy.D.

- Provided individual and family therapy, play therapy and psychotherapy (CBT, parent training) in a community health center serving children and adolescents and Victims of Crime (VOC)
- Administered psychological assessments to children and adolescents in order to clarify diagnoses, test for learning disabilities and autism, and determine overall cognitive and emotional functioning

Community Residence Counselor, McLean Hospital 2008 -
Adolescent Acute Residential Treatment Program, Brockton, MA 2009

- Provided emotional support to adolescents at an inpatient step-down facility utilizing a dialectical-behavioral (DBT) model of treatment
- Led and co-led daily DBT groups and developed and led a weekly recovery group promoting emotional, psychological, and physical wellness

Parental Stress Hotline Volunteer, Parents Helping Parents 2007
Boston, MA

- Answered weekly phone calls from parents experiencing acute distress related to their child and provided support, empathy, and adjunctive resources to enable parents to reach appropriate solutions on their own

PROFESSIONAL EXPERIENCE

Administrative Coordinator of Clinical Services in Child and Adolescent Psychiatry 2009

Administrative Coordinator of the Child Psychiatry Psychology Training Program 2010
Project Coordinator, Massachusetts Child Psychiatry Education Program
Boston Medical Center, Department of Child and Adolescent Psychiatry

- Principal contact for families, healthcare professionals, Consultation-Liaison service, and patient referrals to the child and adolescent psychiatry clinic in a university teaching hospital

RESEARCH EXPERIENCE

Research Coordinator, Pepperdine Applied Research Center (PARC) 2011 -
 2014

- Coordinated research protocols within the Pepperdine University Counseling and Irvine Community Counseling Centers
- Co-supervised 7 Research Assistants and led bi-monthly lab meetings

Research Assistant 2008
Cambridge Hospital

- Assisted with SPSS data entry of SCID reports on a multi-site study examining alternative assessment and categorization of personality disorders

Research on Attitudes towards Governmental Aggression 2006 - 2008
Boston University

- Developed and implemented a study based on the Personal and Institutional Rights to Aggression Survey (PAIRTAS)
- Developed a qualitative coding manual based on Albert Bandura's Theory of Moral Disengagement and coded responses in SPSS
- Presented findings in a poster presentation at the Eastern Psychological Association annual conference

SUPERVISION OF OTHER STUDENTS

Practicum Student Supervisor 2014 -
Terry Children's Center 2015

- Provided weekly individual supervision to beginner and advanced practicum students within an APA-approved internship program specializing in the treatment of childhood externalizing and trauma-related disorders

Peer Supervisor 2013 -
Pepperdine University 2014

- Provided weekly individual supervision to beginner and advanced doctoral students placed at the Union Rescue Mission and West Los Angeles Clinic

Peer Assessment Supervisor 2012 -
Pepperdine University 2014

- Reviewed administration, scoring, and interpretation of fully integrated assessment batteries (e.g., cognitive, emotional, projective) performed by advanced doctoral students

TEACHING EXPERIENCE

Guest Lecturer, Widener University 2016
Psychosocial Interventions in Forensic Settings

- Presented a course on Dialectical Behavior Therapy (DBT) to a class of advanced (2nd – 5th year) doctoral students, focusing on the practical use of DBT skills within forensic settings

Teaching Assistant, 2nd year doctoral level course 2012- 2013

Psychology 713: Advanced Psychological Assessment

Supervisor: Carolyn Keatinge, Ph.D.

Teaching Assistant, 1st year doctoral level course 2011 - 2013

Psychology 711: Emotional Assessment

Supervisors: Carolyn Keatinge, Ph.D., Susan Himelstein, Ph.D., Sepida Sazgar, Psy.D.

Teaching Assistant, Master's level course 2011 - 2013

Psychology 602: Emotional Assessment

Supervisors: Carolyn Keatinge, Ph.D., Susan Himelstein, Ph.D., Sepida Sazgar, Psy.D.

Teaching Assistant, 1st year doctoral level course 2011 - 2013

Psychology 710: Cognitive and Neuropsychological Assessment

Supervisors: Carolyn Keatinge, Ph.D., Susan Himelstein, Ph.D., Sepida Sazgar, Psy.D.

Teaching Assistant, Master's level course
Psychology 602: Cognitive Assessment
 Supervisor: Linda Nelson, Ph.D.

2011

PUBLICATIONS

Walter, H.J., Hernandez, P.H., & **Kircanski, K.** Oppositional Defiant Disorder (2011). In Augustyn, M., Zuckerman, B., & Coronna, E.B. (Eds.), *The Zuckerman Parker Handbook of Developmental and Behavioral Pediatrics for Primary Care - Third Edition* (pp. 285-287). Philadelphia: Wolters Kluwer.

PRESENTATIONS

Kircanski, K. (2024, November). Borderline Personality Disorder. Presented to the community at the Cherry Hill Public Library, as part of their Mental Health Matters series

Kircanski, K. (2023, July). Recognizing Personality Disorders in Clinical Settings. Presented to licensed mental health professionals as an APA-approved CE event for credits

Kircanski, K. (2022, June). A Closer Look at Cluster B: NPD versus BPD. Presented to licensed mental health professionals as an APA-approved CE event for credits

Kircanski, K. (2022, March). Part II Narcissistic Personality Disorder: Case Discussions. Presented to licensed mental health professionals as an APA-approved CE event for credits

Kircanski, K. (2022, March). Part I Narcissistic Personality Disorder: What It Really Is and How to Recognize/Respond to it in Clinical Practice. Presented to licensed mental health professionals as an APA-approved CE event for credits

Kircanski, K., Cho, J., & Malley-Morrison, K. (2007, March). Moral Disengagement as Applied to Attitudes toward Torture and Killing. Poster presented at the Eastern Psychological Association (EPA) annual conference, Philadelphia, PA

SELECTED SEMINARS AND TRAININGS

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| 2025 | Integrating ERP and DBT in Treatment of Unwanted Thoughts and Intense Emotions
Jon Hershfield, MA, LCMFT, OCD New Jersey Annual Conference |
| 2016 | CBT for OCD: How Science is Making Effective Treatment Even Better
Dr. John Piacentini, Ph.D., OCD New Jersey Annual Conference |
| 2015 | CBT-Based Treatment for Trichotillomania and Skin Picking Disorder
East Coast Professional Training Institute: Trichotillomania Learning Center |
| 2014 | Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) – 2 day training
Dr. Chuck Webb, Ph.D., University of Delaware |
| 2014 | Parent Child Interaction Therapy (PCIT) – 40 hour training + 2 day advanced training
Dr. Joshua Masse, Ph.D. & Dr. Abigail Janney, Psy.D., West Virginia University |
| 2012 | Dialectical Behavior Therapy – 2 day training
Dr. Marsha Linehan, Ph.D., ABPP, University of Washington |