

JOHNNA L. KEEN, MSW, LCSW

EDUCATION

Year	Degree	Concentration	Institution
1994	M.S.W.	Direct Practice	Rutgers University
1988	B.A.	Psychology	Rowan University

WORK EXPERIENCE

Year	Position	Location
2011-Present	Clinician	The Center for Emotional Health of Greater Phila, Cherry Hill, NJ
2006-2008	Clinician	Life Counseling Services, Haddonfield, NJ
1996- 2019	Social Worker	Burlington County Special Services School, Mt. Holly, NJ
1993-1994	Clinical Intern	Family Service of Burlington County, Mt. Holly, NJ
1988-1996	Social Worker	Division of Youth and Family Services, Mt. Holly, NJ

LICENSES & CERTIFICATIONS

NJ LCSW	State Board of Social Work Examiners
NJ LSW	State Board of Social Work Examiners
NJ Certified School Social Worker	Department of Education

SERVICE TO THE PROFESSION

1996-2019 Supervision of MSW Graduate and BSW Undergraduate Interns

RECOGNITIONS

2016	Service Professional of the Year/Burlington County Special Services School District
2003	Temple University Annual Field Supervisor Recognition Award
2001	Rutgers University 5 years of Service Award for Field Instruction
1994	Alpha Delta Mu Social Work Honor Society

MEMBERSHIPS

IOCDF- International Obsessive-Compulsive Disorder Foundation

NASW- National Association of Social Workers

NJ-ACT -Association of Cognitive Behavioral Therapists

CONTINUING EDUCATION & PROFESSIONAL DEVELOPMENT TRAININGS

96/97 Short Term Therapy with Children: The Center for Applied Psychology

MSW Field Instructor, Rutgers University

BCSSSD Parenting Group Facilitator

97/98 NASW: Integrating a Prevention Module into Direct Practice

UMDNJ & APSAC NJ: Child Abuse and the Law: A View from the Bar

NASW: Practical use of Creative Arts strategies and Other Techniques

MSW Field Instructor, Rutgers University & Temple University

BCSSSD Parenting Group Facilitator

98/99 Clinical Assessment of Child Sexual Abuse

In the Wake of Traumatic Death

Senseless Youth Violence

Systemic Intersections of Abuse and Domestic Violence

Mobilizing Communities to Meet Family Needs

Social Work in a Socially Toxic Environment

MSW Field Instructor, Rutgers University & University of Pennsylvania

BCSSSD Parenting Group Facilitator

99/00 Creative Strategies Working w/Oppositional Defiant Disorder

Co-Traumatization: The Cost of Caring

Crisis Prevention Institute Certification (CPI)

MSW Field Instructor Rutgers University & Temple University

BCSSSD Parenting Group Facilitator

00/01 Psychiatric Disorders and Pediatric Medicines

Social Work Presenter: Related Services Convention

Psychoanalytic Center of Northern NJ: Difficult People: Unraveling their Hidden Agenda

Addiction: Intro to Alcoholism

MSW Field Instructor, Rutgers University & Temple University

BCSSSD Parenting Group Facilitator

CPI Key Point Refresher

01/02 Helping Children Cope with Grief/Loss/Transition

Coping with Death in our Schools and Preventing School Violence

Effectively Managing the Angry Child

CPI Key Point Refresher

MSW Field Instructor Rutgers University

BCSSSD Parenting Group Facilitator

02/03 Eating Disorders

Healing Through Creative Arts Therapy

Attention/Emotional and Anger Management

How to Excel at Verbal Crisis Intervention

Selective Mutism and other Behavioral Anomalies

MSW Field Instructor, Temple University & University of Pennsylvania

BCSSSD Parenting Group Facilitator

CPI Key Point Refresher

Temple University: Annual Field Instructor's Program

Faith Based Social Services in the Black Community

03/04 Attachment-the Effects of Foster care

CPI Key Point Refresher

Anger Management

Professional Development Trainer: Self Awareness and Professional Communication

Treating Obsessive Compulsive Disorder

Bipolar I, II and Cyclothymic Disorder

Schizophrenia, Signs, Symptoms, Diagnosis and Treatment

Post-Traumatic Stress Disorder-an Overview

Annual Field Instructor's Training

MSW Field Instructor, Temple University

BCSSSD Parenting Group Facilitator

04/05 Children in Foster care

Bipolar I, II, Cyclothymic Disorders: Mania Characteristics

Attachment and Bonding

Child and Adolescent Psychopathology

MSW Field Instructor, University of Pennsylvania & Temple University

BCSSSD Parenting Group Facilitator

CPI Key Point Refresher

05/06 Successful Strategies w/ High Functioning Autism & Asperger's Syndrome

Ethical Codes of Conduct & Standards in Professional Documentation of Clinical Records

CPI Key Point Refresher

Issues of Ethics in Children's Healthcare

Phobic Disorders-Diagnosis and Treatment

Anger: Etiology and Management

Understanding Malpractice Risk

MSW Field Instructor, Temple University

BCSSSD Parenting Group Facilitator

06/07 Understanding the Adolescent Self Injurer; Detection & Intervention

Functional Behavioral Assessments in Homes and Schools

Asperger's Syndrome: Medical Updates

Aggression as a Response to Humiliation

Early Onset Bipolar Disorder

CPI Key Point Refresher

BSW Field Instructor, Stockton State College

BCSSSD Parenting Group Facilitator

07/08 CPI Recertification

Issues of Ethics in Children's Healthcare and Well-Being

Asperger's Syndrome: Diagnosis, Treatment, & Prognosis

Ethics and Values in Clinical Supervision

Ethics in Group Counseling

Introduction to Applied Behavior Analysis

Using Behavior Analysis as a Guide for Language Assessment & Intervention

Application of TEACCH Level I and ABA: TIM Academy

BSW Field Instructor, Rutgers University

Professional Development Trainer: Reporting Child Abuse and Neglect

Understanding the Adolescent Self Injurer-Detection and Intervention

08/09 CPI Key Point Refresher

Ethics and Jurisprudence I

Ethics and Jurisprudence II

Designing Programs for Students with Moderate to Severe Cognitive Disability/

Emphasis on Social Skills

MSW Field Instructor, Rutgers University

Professional Development Trainer: Reporting Child Abuse and Neglect

09/10 Legal and Ethical Dilemmas

Professional Development Trainer: Reporting Child Abuse and Neglect

Legal and Ethical Dilemmas in Women's Health

CPI Key Point Refresher: Documentation

UMDNJ Traumatic Loss Coalition for Youth of Burlington County

10/11 CPI Recertification

Sexual Addiction

Ethics for Social Work

Vicarious Trauma and Resilience

Professional Development Trainer: Professionalism in the Workplace

11/12 A Comprehensive Model for Behavioral Treatment of Trichotillomania

CPI Key Point Refresher

OCD in Children and Adolescents

BSW Field Consultation, Monmouth University

Professional Development Trainer: Reporting Child Abuse and Neglect

Professional Development Trainer: Autism Overview

Professional Development Trainer: Professionalism in the Workplace

ADHD, OCD, & Bipolar-Clinical, Educational, and Home Interventions for

Children and Adolescents

The Best Evidence Based Techniques to Treat Anxiety, OCD, Panic, Phobias and PTSD:

Professional Ethics and Boundaries

12/13 Suicide Prevention

MSW Field consultation, University of Pennsylvania, Temple University

CPI Key Point Refresher: Setting Limits

Ethics for Social Work

Beyond Positive Behavioral Supports

DSM-5 A Comprehensive Overview

Data Driven Decision Making in Education

13/14 CPI Key Point Refresher: Applied Physical Training

Professional Development Trainer: Reporting Child Abuse and Neglect

Professional Development Trainer: Stress Management

- Ethics in Social Work
- Sleep Disorders
- Fundamentals in Trauma Processing
- James Coplan, Neuro-Developmental Pediatrician on Making Sense of Autism
- 14/15 CPI Key Point Refresher: Non-Violent Crisis Intervention
- Professional Development Trainer: Reporting Child Abuse and Neglect
- Presentation: Guardianship & Transition for Parents of Special Needs Adults
- Post-Traumatic Stress Disorder
- Overview of Online Professionalism and Ethics
- NASW –Managing Client Expectations
- NASW-Behavioral Ethics: A Lens to Examine Ethical Challenges in Practice
- Cultural Competency and Diversity
- Child Abuse: Identification & Intervention
- Youth Suicide: Awareness & Prevention
- Online Safety & Cyber Bullying
- 15/16 Dialectical Behavior Therapy Skills Training for Children and Adolescents
- CPI Key Point Refresher
- Professional Ethics, Boundaries and the Law
- Childhood & Adolescent Anxiety & Depression: Assessment, Treatment & Prevention
- Cultural Competence
- Practical Strategies for the Treatment of GAD, Panic, OCD, Social Anxiety Disorder, Phobias & Insomnia
- 16/17 An Introduction to Mindfulness Meditation
- MSW Field Supervisor: University of Pennsylvania
- BSW Field Supervisor: Stockton University
- An Introduction to Co-Occurring BPD and Substance Use Disorders
- CPI Key Point Refresher
- Substance Use in Women
- Clinical Supervision Ethics: Therapy Records
- NASW Self-care: Mindfulness and Yoga
- NASW: Yoga & Mindfulness: Empowering Individuals Diagnosed with PTSD
- Cultural Factors in Intimate Partner Violence
- 17/18 ACT Made Simple: Acceptance and Commitment Therapy –Dr. Russ Harris

CPI: Key Point Refresher

NASW Yoga & Mindfulness: Clinical Interventions for Anxiety, Depression, and Trauma

Internal Family Systems Therapy: for treatment of Anxiety, Depression & PTSD

Ending Conversion Therapy: Supporting & Affirming LGBTQ Youth

Ethics Do Matter, But Where?

Summary of the HIPAA Privacy Rule

Helping Veterans and Their Families

18/19 OCDNJ Academic & Occupational Perfectionism “When Striving for Just Right is Just Wrong”,

Adapting Dialectical Behavior Therapy for Everyday Clinical Needs

Zones of Regulation

Impact of Vision on Learning & Development , Michael Galloway, OD

Medication for Opioid Use Disorder

Working with the Pain of Abandonment

Helping Families to Support Their LGBT Children

ACT for Depression and Anxiety Disorders-Dr. Russ Harris

19/20 Treating OCD during COVID-19

Parenting the Anxious Child, Marla Deibler, PsyD

Treating Depression during COVID-19: Considerations for Psychological & Psychiatric Treatment, Rogers Behavioral Health

Treating OCD during COVID-19: Unique Challenges & Opportunities, Rogers Behavioral Health

Treating Co-occurring Mental Health and Addiction during COVID-19: Considerations for Telehealth, Rogers Behavioral Health

Setting Ethical Limits: For Caring & Competent Professionals

The Intersection of Pain & Culture

Annual IOCDF Conference July 2020 Trainings:

- New Directions in Exposure and Response Prevention for OCD
- Increasing Patient Motivation for Treatment
- OCD, Depression and Suicidality
- Treating OCD with Comorbid BPD
- Assessment and Treatment of Comorbid OCD and PTSD
- An Inhibitory Learning Approach to Exposure Therapy for OCD
- Treatment Resistant Cases,
- OCD, Relationships and Sex

- Working with Families
- Working with Families of Treatment Refusers
- Biologically Based Treatments-Medication Updates

Prescription Opioid Misuse, Heroin Use, and Medications to Treat Opioid Addiction

20/21 Open Weighing in the Treatment of Eating Disorders, Rogers Behavioral Health

TLC's Worldwide Virtual Conference on BFRB's April 2021

OCDNJ Fear & Flexibility: Integrating ACT with ERP to Shape Bravery Based Behavior
& "Living with OCD" Panel, OCDNJ

ACT for Trauma, Russ Harris, M.D.

Annual IOCDF Conference October 2021

Co-Occurring Disorders Among Special Populations-Substance Use Disorder Treatment for
People with Co-Occurring Disorders

Behavior Therapy for Tourette Syndrome in Children and CBIT, Douglas Woods, PhD

A Practical Guide to *Psychiatric* Advanced Directives

21/22 Diagnosis of BPD in Adolescence: When, Why, & How to Integrate into Treatment

Playing the Game against OCD: Strategies for the 6 Moment Game

& "Living with OCD" Panel, OCDNJ

Annual NASW NJ Convention May 2022 Trainings:

- Queer & Gender Non-Conforming Populations
- Being Black in America & Race Based Trauma-When History & Present Day Collide
- Suicide Prevention Online: Telehealth Mindfulness-Based CBT for Veterans at Risk
- Unwanted Consensual Sex: Addressing the Hidden & Unspoken
- Education and Submission in Clinical Practice
- The Reality of Virtual Reality in Social Work
- Anticipatory Social Work in Post Normal Times
- Transforming the Future of SW by Translating Trauma Informed Care into Practice
- Healing After Domestic Violence: Working with Caregivers & Children
- Technology & Boundaries: The Future of Professional Interactions in Virtual Spaces

Severe Irritability in Youth, Ramaris German, PhD, Jamell White, PhD, LCSW-C

Monthly Virtual Parent Support Group Facilitator Voorhees Middle School

Facing Addiction in America: Spotlight on Opioids

Addressing Nightmares in Psychology, CEH PsychEd

Bringing OCD Treatment with Kids to Life, CEH PsychEd

22/23 Harm Reduction in Addiction Recovery: Current State and Treatment Considerations
Intro to the Phenomenology and Treatment of Hoarding Disorder, CEH PsychEd
Diagnosis of BPD in Adolescence: When, Why, & How to Integrate into Treatment
Attachment Based Parenting Approaches in Adoption, Rutgers School of Social Work
“You Want Me to Do What?” Ethical Considerations in Exposure Therapy for
OCD & Anxiety Disorders, CEH PsychEd
Psychosocial Treatment for PTSD, CEH PsychEd
The Psychology of Adoption, Rutgers School of Social Work
Diagnosing and Treating Adults with ADHD, Ari Tuckman, PsyD
OCD & Relationships Helping Our Patients Thrive in Love, Friendship & Family, OCDNJ
Introduction to Radically Open DBT, CEH PsychEd
Using ACT with Children & Adolescents, Tamar Black PhD
Unified Protocol for Transdiagnostic Treatment of Eating Disorders, CEHPsychEd
The Therapeutic Alliance and Complex Trauma, Robin Walser, PhD
PBT Experts Roundtable Discussion on Processed Based Therapy
Conceptualizing and Treating OCD with ICBT, CEH PsychEd
Practical Application of ICBT: A Case Demonstration Workshop, CEH PsychEd
CBT Enhanced for Binge Eating, CEH PsychEd
Intro to the Phenomenology & Treatment of ARFID,
When the Feared Outcome is Potentially Lethal: Exposure Therapy
For Impairing Anxiety in the Context of Food Allergy, CEH PsychEd
NASW: Culturally Sensitive Interventions for Asian Americans
NASW: Motivational Interviewing
NASW: Behavioral Ethics: A Lens to Examine Ethical Challenges in SW Practice
2021 Revisions to NASW Code of Ethics: Self Care and Cultural Competence
NASW: Working Effectively with Couples
Pandemic Ethics: Rethinking Rights, Responsibilities & Roles in Social Work
NASW: Prescription Opioid Misuse & Dependence in N

23/24 The Healthy Use of Technology: Treatment in an Outpatient Setting, CEH PsychEd
Roger’s Behavioral Health: Strengthening Treatment & Support for Individuals with SMI
Exposure Therapy with Neurodiverse Kids & Adults, CEH Psych
CBT Strategies for Good Parenting, CEH PsychEd

An Introduction to PCIT, CEH PsychEd

Inferenced Based CBT: A New Hope for OCD, OCDNJ

NASW Complex Ethics Cases & Conceptually Based Decision-Making Protocols

SPACE Intervention Basics, CEH PsychEd

Understanding the Special Education System for Clinicians, CEH PsychEd

CBT for Panic and Agoraphobia, CEHPsychEd

Integrative Treatment for Co-occurring Challenges in Tourette's, CEH PsychEd

Conducting Culturally Sensitive Psychosocial Research, NetCE

Attention Deficit Hyperactivity Disorder, NetCE

Behavioral Addictions, NetCE

An Evidence Based Approach to the Diagnosis and Treatment of Pediatric Amplified

Musculoskeletal Pain Syndrome (AMPS), CEH PsychEd

24/25 Professional Introduction to Functional Tic-Like Behaviors in FND

(Functional Neurological Disorder) CEH PsychEd

Implicit Bias :Awareness &Management for Mental Health Professionals

Parkinson's Disease

Autism Spectrum Disorder: Advances in Psychotherapy

Ethics in Telemental Health

Integrating ERP &DBT in the Treatment of Unwanted Thoughts & Intense Emotions OCDNJ

Understanding &Treating OCPD: What Clinicians Should Know, CEH PsychEd

Treating Mental Compulsions in OCD, CEH PsychEd

An Introduction to Comprehensive Behavioral Intervention for Tics (CBIT), CEH PsychEd

