

CURRICULUM VITAE

Betsy Feinberg, Psy.D.

Licensed Clinical Psychologist

The Center for Emotional Health of Greater Philadelphia, LLC

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Cherry Hill, NJ 08003

Feinberg@thecenterforemotionalhealth.com; 856-220-9672

EDUCATION

- 2012 **Postdoctoral Fellow**
University of Pennsylvania, Philadelphia, PA
Department of Psychiatry, Perelman School of Medicine
Aaron T. Beck Psychopathology Research Center
- 2011 **Doctor of Psychology, Clinical Psychology (Psy.D.)**
APA Accredited doctoral program
Philadelphia College of Osteopathic Medicine, Philadelphia, PA
Dissertation: School Accommodations to Support Psychosocial
Functioning and Self-Esteem in Adolescents with Long QT Syndrome
- 2008 **Master of Science, Clinical Psychology (M.S.)**
Philadelphia College of Osteopathic Medicine, Philadelphia, PA
- 2003 **Post-Master's Program, School Counseling**
University of Pennsylvania, Philadelphia, PA
Graduate School of Education
- 2003 **Master of Science in Education, Psychological Services (M.S.Ed.)**
University of Pennsylvania, Philadelphia, PA
Graduate School of Education: Child and Adolescent School Track
- 2002 **Bachelor of Science, Psychology (B.S.)**
Towson University, Towson, MD
Honors: Summa Cum Laude

LICENSES, CERTIFICATIONS, AND SELECT SPECIALIZED TRAININGS

Licensed Practicing Psychologist, New Jersey, License #35SI00582900

Licensed Psychologist, Pennsylvania, License # PS017645

Authority to Practice Interjurisdictional Telepsychology, Granted by the PSYPACT Commission

Beck Institute Certified CBT Clinician (BICBT-CC)

School Counselor Certification, New Jersey

Elementary School Counselor Certification, Pennsylvania

Secondary School Counselor Certification, Pennsylvania

SPACE (Supportive Parenting for Anxious Childhood Emotions) *Yale University, Child Study Center: Anxiety and Mood Disorders Program*, New Haven, CT, Trainer: Eli Lebowitz, Ph.D.

CLINICAL EXPERIENCE

2017-present **Clinical Director of CEH FamilyCare; Licensed Psychologist**

The Center for Emotional Health of Greater Philadelphia, LLC

- Providing empirically-supported outpatient psychological/psychoeducational evaluations and psychological treatment to children, adolescents, families, parents, and adults
- Conducting program development and implementation, clinical consultation, community education, and school-based intervention and training, and program management
- Supervising Postdoctoral Fellows

2013-present **Licensed Psychologist/Trainer**

University of Pennsylvania, Philadelphia, PA
Department of Psychiatry, Perelman School of Medicine
Aaron T. Beck Psychopathology Research Center

- Rating the competency of Cognitive Behavioral Therapy (CBT) sessions for therapists servicing children, adolescents, and adults in the City of Philadelphia
- Providing clinician feedback using the Cognitive Therapy Rating Scale (CTRS)

2011-2012 **Postdoctoral Psychology Fellow**

University of Pennsylvania, Philadelphia, PA
Department of Psychiatry, Perelman School of Medicine
Aaron T. Beck Psychopathology Research Center, Child Expansion Project
Supervisors: Aaron T. Beck, M.D.; Torrey Creed, Ph.D.

- Trained and consulted mental health clinicians in Cognitive Behavioral Therapy
- Lead didactic CBT training workshops and ongoing consultation sessions
- Received intensive calibration training on the Cognitive Therapy Rating Scale (CTRS), and provided ratings and clinician feedback
- Collaborated in the design, preparation, and delivery of CBT training materials

2010-2011 **Predoctoral Psychology Intern**

Philadelphia College of Osteopathic Medicine, Philadelphia, PA
Center for Brief Therapy
Supervisors: Stephanie Felgoise, Ph.D., ABPP; Brad Rosenfield, Psy.D.

- Provided comprehensive CBT therapy and psychoeducational assessment in an outpatient clinic serving clients with emotional and learning disorders
- Offered study skill support to medical and graduate students through the Center for Academic Resources and Educational Services
- Worked as a behavioral health consultant, for adults, in an urban primary healthcare facility that stressed multidisciplinary collaboration with physicians
- Offered CBT consultations, orientations, and in-service trainings for medical staff

- 2009 **Psychology Assessment and Therapy Extern**
Foundations Behavioral Health, Doylestown, PA
Child and Adolescent Units; *Supervisor: Kevin Ganey, Psy.D.*
- Offered psychological, psychoeducational, and personality assessment, consultation, and therapy for children and adolescents in the inpatient, residential, and partial hospital units
 - Provided individual therapy, group therapy, treatment planning, discharge planning, case management, and assessment and diagnostic feedback to families
- 2008-2009 **Psychology Therapy Extern**
Friends Hospital, Philadelphia, PA
Adolescent and General Adult Units
Supervisors: Roselyne Watkins, Psy.D.; Paula Humphries, Psy.D.
- Provided inpatient group and individual therapy for diverse adolescents and adults with Axis I, Axis II, dual-diagnosis, substance abuse, trauma, and developmental disorders
 - Collaborated in multidisciplinary treatment team meetings, wrote treatment plans, and interviewed patients for treatment planning
- 2007-2008 **Psychology Assessment Extern**
Children’s Hospital of Philadelphia, Philadelphia, PA
The Center for Management of ADHD
Supervisors: Thomas Power, Ph.D.; Stephen Soffer, Ph.D.; Peter Wiley, Psy.D.
- Administered, scored, and interpreted intelligence, cognitive, memory, phonological, behavioral, emotional, and achievement tests for outpatient children and adolescents
 - Trained in treating and assessing ADHD, psychoeducational, and psychological disorders
- 2007 **Lead Child Clinician**
Children’s Hospital of Philadelphia, Philadelphia, PA
Center for Management of ADHD: ADHD Family Intervention Study
Principal Investigator: Thomas Power, Ph.D.; Supervisor: Stephen Soffer, Ph.D.
- Provided outpatient group therapy for youth with ADHD and comorbid diagnoses
 - Utilized behavioral and cognitive techniques, token reward systems, and academic strategies to assist children manage ADHD symptoms and improving school performance
 - Provided families with session feedback
- 2007 **Child Therapist**
Children’s Hospital of Philadelphia, Philadelphia, PA
Community Schools Program; *Supervisor: Stephen Leff, Ph.D.*
- Led a school-based psychoeducational group intervention for elementary-aged females in the School District of Philadelphia: Grades 4 and 5
 - Employed a flexible manualized treatment based on homework strategies, organization, study skills, note-taking strategies, time-management, and self-monitoring techniques
 - Received training on therapy with diverse clients, multidisciplinary collaboration, child development, and mental health consultation

2006-2008 **Cultural Competence and Integrity Monitor**
Children’s Hospital of Philadelphia, Philadelphia, PA
Community Schools Program
Supervisor: Stephen Leff, Ph.D.

- Developed observational tools to assess treatment integrity and facilitator engagement
- Conducted systematic observations to rate therapists’ adherence to procedural, global, and process-oriented variables in NIMH funded prevention program designed to decrease students’ relational and physical aggression while increasing their problem-solving

2001 **Undergraduate Psychology Extern**
Sheppard Pratt Mental Health System, Towson, MD
Forbush School
Supervisor: Maria Fracasso, Ph.D.

- Formulated and implemented behavior plans for inpatient child and adolescent males with acute behavioral and social-emotional disorders
- Applied behavior modification techniques using ABA in a token economy
- Led classroom-based psychoeducational lessons

SCHOOL COUNSELING EXPERIENCE

2012-2018 **School Counselor: Grades 3-8**
Medford Lakes School District, Medford Lakes, NJ
Neeta Elementary School

- Provided empirically-based individual, group, and crisis interventions
- Ran parent meetings, teacher meetings, and classroom lessons
- Lead the Intervention and Referral Services Committee (I&RS), served on the 504 Committee, developed student accommodation plans, served on the Olweus Anti-Bullying Team, ran the high school course selection processes, and co-facilitated state standardized testing

2004-2006 **School Counselor: Grades 7-8**
Avon Grove School District, West Grove, PA
Fred S. Engle Middle School

- Provided individual, group, career, transition, classroom, and crisis interventions
- Facilitated team meetings, held parent conferences, wrote 504 Service Agreements, administered standardized tests, scheduled students, ran orientation programs, co-created the master schedule, tested incoming students, and reviewed high school course selection
- Developed the school’s Olweus Anti-Bullying Program: Provided bullying and cyber-bullying interventions, community outreach, faculty and staff trainings, arranged assemblies, created documentation systems, and managed the Safe Schools Grant
- Collaborated on Child Study Team meetings, Student Assistance Program meetings (SAP certified), Drug and Alcohol Intervention meetings, IEP conferences, professional development workshops, and administrative meetings
- Served on the Chester County Tragic Event Response and Safe Schools Committees

- 2003 **School Counselor Intern: Grades 7-8**
West Chester Area School District, West Chester, PA
Pierce Middle School
- Provided individual, group, career and transition counseling, and crisis intervention
 - Scheduled students, attended Child Study, 504, IEP, Leadership, and team meetings
 - Coordinated state testing and wrote referrals for multidisciplinary evaluations
 - Disseminated information about the Johns Hopkins Center for Talented Youth
 - Co-facilitated a weekly Anger Management Group and a Women’s Leadership Group
- 2002-2003 **School Counselor Intern: Grades 7-12**
Maple Shade School District, Maple Shade, NJ
Maple Shade High School
- Provided individual counseling, group counseling, co-counseling, and crisis intervention
 - Helped students cope with self-esteem, grief, depression, bullying, divorce, suicide, abuse, peer pressure, drugs and alcohol, relationships, and college preparation
 - Conferred with teachers, parents, school staff, and other counselors
 - Assisted students with the application process for the Governor’s School of New Jersey
- 2003 **School Counselor Intern: Grades K-5**
Coatesville Area School District, Coatesville, PA
Friendship Elementary School
- Provided individual and group counseling, character education, and classroom guidance

RESEARCH EXPERIENCE

- 2008-2009 **Clinical Research Supervisor**
Children’s Hospital of Philadelphia, Philadelphia, PA
Community Schools Program: Cultural Competence and Integrity Team
Supervisor: Stephen Leff, Ph.D.
- Supervised the Master’s-level Integrity Team; Developed and implemented a training program, and provided weekly individual and group supervision sessions
 - Trained team on conducting process evaluations, partnership-based research, evidence-based practices for youth, and multicultural competence
- 2007-2009 **Clinical Research Assistant and Doctoral Dissertation Research**
Children's Hospital of Philadelphia and PCOM, Philadelphia, PA
Cardiology and Psychology Departments
Chair: Stephanie Felgoise, Ph.D., ABPP; Committee: Victoria Vetter, M.D.; Virginia Salzer, Ph.D.
- Collected data to investigate ways school accommodations can support psychosocial functioning and self-esteem in adolescents with Long QT Syndrome (LQTS)
 - Wrote a manual for school districts and families to use to support youth with LQTS

- Administered assessments to caregivers and youth with Long QT Syndrome, a cardiac arrhythmia condition, at the Cardiology Clinic at the Children’s Hospital of Philadelphia
- Assessed patient risks for depression, and anxiety

2006-2009 **Psychology Research Extern**

Children’s Hospital of Philadelphia, Philadelphia, PA

Community Schools Program: Cultural Competence and Integrity Team

Supervisor: Stephen Leff, Ph.D.

- Co-authored a special series investigating the association between intervention integrity and acceptability in participatory action research
- Ran focus groups to ecologically validate a CD-Rom-based attributional measure

2003 **Research Investigator**

University of Pennsylvania, Philadelphia, PA

Penn Children’s Center: Single Case Study Design

Supervisor: John Fantuzzo, Ph.D.

- Observed preschool childrens’ interactions, generated hypotheses about their developmental competencies, and created functional behavior assessments
- Conducted clinical interviews and created operationally defined observation systems

2003 **Research Investigator**

University of Pennsylvania, Philadelphia, PA

Graduate School of Education

Supervisor: Raymond Lorion, Ph.D.

- Coded articles and entered data in SPSS on historical trends in Community Psychology

2002 **Research Assistant**

Towson University, Towson, MD

Sociology Department

Supervisor: Douglass Pryor, Ph.D.

- Entered, cleaned, and analyzed data on women’s fear of rape on college campuses

TEACHING EXPERIENCE

fall **Adjunct Instructor**

2015/2016 *Clinical Health Psychology and Behavioral Medicine in the Schools*

Philadelphia College of Osteopathic Medicine, Philadelphia, PA

School Psychology Department: Ed.S. Program in School Psychology

- Taught students about common pediatric health conditions and factors that impact relationships between children’s physical, socioemotional, and academic functioning
- Provided models of assessment, intervention, and prevention with medically ill children in school settings, focusing on collaboration among family, school, and health care systems

- winter 2010/2008 **Teaching Assistant**
Assessment II: Personality Assessment
Philadelphia College of Osteopathic Medicine, Philadelphia, PA
Psychology Department: Psy.D. Program in Clinical Psychology
- Taught students how to score and interpret objective personality measures
 - Provided feedback for writing, treatment planning, and response to referral questions
- fall 2010 **Teaching Assistant**
Assessment I: Intelligence Assessment
Philadelphia College of Osteopathic Medicine, Philadelphia, PA
Psychology Department: Psy.D. Program in Clinical Psychology
- Taught students how to administer, score, and interpret Weschler intelligence tests
 - Evaluated students' proficient test administrations, protocols, and report writing skills
- winter 2009 **Adjunct Instructor**
Practicum in Clinical Psychology III: Functional Behavior Assessment
Philadelphia College of Osteopathic Medicine, Philadelphia, PA
Psychology Department: Psy.D. Program in Clinical Psychology
- Taught students to perform functional assessments and analyses
 - Reviewed case conceptualizations, case discussions, work samples, and treatment plans
- fall 2003/2006 **Resource Group Leader**
University of Pennsylvania, Philadelphia, PA
Graduate School of Education: M.S.Ed. Psychological Services Program
- Focused classes on graduate school success, program requirements, career options, Licensed Professional Counselor requirements, and school counselor requirements

PRESENTATIONS

- 2021 **Presenter:** *CBT for ADHD in Youth*
Beck Institute for Cognitive Behavioral Therapy
- 2020 **Presenter:** *Students' Emotional Health: Preparing Students for the Start of School- Parent Presentation*
Voorhees School District, Voorhees, NJ
- 2020 **Presenter:** *Students and Staff Emotional Health: Preparing for the Return of School- Staff Presentation*
Voorhees School District, Voorhees, NJ
- 2019 **Presenter:** *Emotional Wellness in the Classroom*
Black Horse Regional Pike School District, Blackwood, NJ

- 2019 **Presenter:** *Emotional Wellness in the Classroom*
Camden County Educational Services Commission, Clementon, NJ
- fall 2010 **Lecturer:** *Community Health and Wellness: Culturally Competent Healthcare and Cultural Immersion Experience*
Arcadia University, Glenside, PA
Physician Assistant Program
- fall 2010 **Lecturer:** *School Accommodations and Long QT Syndrome*
Philadelphia College of Osteopathic Medicine, Philadelphia, PA
Psychology Department: Psy.D. Program in School Psychology

ADDITIONAL EXPERIENCE

- 2021 **Adjunct Faculty**
Beck Institute for Cognitive Therapy, Bala Cynwyd, PA
BI President: Judith Beck, Ph.D
- fall 2020 **Beck Institute Cognitive Behavioral Therapy- Certified Clinician**
Beck Institute for Cognitive Therapy, Bala Cynwyd, PA
BI President: Judith Beck, Ph.D.
- Completed the Beck Institute CBT Certification program, and attained the title of a Beck Institute CBT Certified Clinician (BICBT-CC)
- winter 2020 **Trainee, SPACE (Supportive Parenting for Anxious Childhood Emotions)**
Yale University, New Haven, CT
Child Study Center: Anxiety and Mood Disorders Program
Trainer: Eli Lebowitz, Ph.D.
- Received training and a certificate of completion, to implement the SPACE Program, a flexible manualized evidence-based childhood anxiety treatment, involving only parents
- spring 2008 **Therapist Trainee, Child Anxiety Treatment**
Temple University, Philadelphia, PA
Child and Adolescent Anxiety Disorders Clinic
Computer-Based Coping Cat Program for Anxious Youth
Principal Investigators: Philip Kendall, Ph.D., ABPP; Muniya Khanna, Ph.D.
- Received training for a computerized version of the *Coping Cat* intervention, a cognitive-behavioral computer-based therapy training program for anxiety disorders in youth

- 2003 **School Counselor Certification Panelist**
University of Pennsylvania, Philadelphia, PA
Graduate School of Education: Certification Program in School Counseling
- Informed students about the school counseling certification process, Penn's program requirements, eligibility for certification, career options, and addressed student questions
- 2003 **Student Admissions Volunteer**
University of Pennsylvania, Philadelphia, PA
Graduate School of Education: M.S.Ed. Program in Psychological Services
- Interviewed prospective students for the M.S.Ed. Psychological Services Program
- 2002-2003 **Quality Assurance Inspector**
Bancroft Neurohealth, Haddonfield, NJ
Pediatric and Adolescent Residential Campus
- Insured that the Division of Developmental Disabilities' (DDD) state regulations were met for the Pediatric and Adolescent Residential Campus

SELECTED SPECIALIZED TRAININGS

SPACE: Supportive Parenting for Anxious Childhood Emotions: Yale University, Child Study Center: Anxiety and Mood Disorders Program. January 2020.

Faculty Development: Cognitive Behavioral Therapy for Supervision: Beck Institute for Cognitive Therapy, Aaron T. Beck, M.D., September 2019

Beck Excellence Summit: Beck Institute for Cognitive Therapy, Aaron T. Beck, M.D., October, 2018 and September 2019

Cognitive Therapy Case Conference: Student Scholars and Staff, Beck Institute for Cognitive Therapy, Aaron T. Beck, M.D., August, 2012

Cognitive Therapy Case Conference: CBT with Depression, Beck Institute for Cognitive Therapy, Aaron T. Beck, M.D., June, 2012

Cognitive Therapy Case Conference: CBT with Schizophrenia, Beck Institute for Cognitive Therapy, Aaron T. Beck, M.D., May, 2012

Cognitive Therapy Case Conference: CBT with Children and Adolescents, Beck Institute for Cognitive Therapy, Aaron T. Beck, M.D.; Torrey Creed, Ph.D., April, 2012

Cognitive Therapy for Personality Disorders and Challenging Problems, Beck Institute for Cognitive Therapy, Judith S. Beck, Ph.D., December 2011

Suicide Assessment, University of Pennsylvania, Greg Brown, Ph.D., December, 2011

Cognitive Therapy and International Negotiations, University of Pennsylvania, Mauro Galluccio, Ph.D., December, 2011

Cognitive Therapy Case Conference: CBT and Anxiety, Beck Institute for Cognitive Therapy, Aaron T. Beck, M.D., October, 2011

Mental Contamination, Positive Psychology Center: University of Pennsylvania, Jack Rachman, Ph.D., September, 2011

Assessment and Treatment of Anxiety in Children, PCOM, Elizabeth Gosch, Ph.D., ABPP, February, 2010

HONORS AND AWARDS

2010 **Adrian Wilson Memorial Award**
Pennsylvania Psychological Association (PPA), Harrisburg, PA

- Received the Pennsylvania Psychological Foundation Education Award for academic performance, potential to service psychology, and community service and involvement

2010 **President's Special Strand Recognition**
National Association of School Psychologists (NASP), Chicago, IL

- Presentation recognized for "Promoting competence for children, families, and schools: Direct outcomes of school psychologists' services" and "Promoting competence, creating capacity, and expanding opportunities"

1998-2002 **Undergraduate Honors and Distinctions**
Towson University, Towson, MD

- Summa Cum Laude, 1998 to 2002
- Psi Chi, The National Honor Society in Psychology
- Golden Key International Honour Society
- Achievement Scholarship fall 1998 to spring 2002

PUBLICATIONS AND MANUSCRIPTS

Creed, T. A., Wolk, C. B., **Feinberg, B.**, Evans, A. C., & Beck, A. T. (2014). Beyond the label: Relationship between community therapists' self-report of a cognitive behavioral therapy orientation and observed skills. *Administration and Policy in Mental Health and Mental Health Services Research*. doi: 10.1007/s10488-014-0618-5.

Creed, T. A., Jager-Hyman, S., Pontoski, K., **Feinberg, B.**, Rosenberg, Z., Evans, A., Hurford, M. O., & Beck, A. T. (2013). The Beck Initiative: A strength-based approach to training school-based mental health staff in cognitive therapy. *International Journal of Emotional Education* 5(2), 49-66.

Gullan, R. L., **Feinberg, B.**, Butler, M., Jawad, A., & Leff, S. S. (2009). Using participatory action research to design an intervention integrity system in the urban schools. *School Mental Health* 1(3), 118-130.

(Acknowledged) Leff, S. (2007). Bullying and peer victimization at school: Considerations and future directions. *School Psychology Review*, 36(3), 406-412.

Leff, S. S., Evian Waasdorp, T., Paskewich, B., Lakin Gullan, R., Jawad, A., Paquette MacEvoy, J., **Feinberg, B.**, & Power, T. The Preventing Relational Aggression in School Everyday (PRAISE) Program: A preliminary evaluation of acceptability and impact. (2010). *School Psychology Review*, 39(4), 569-587.

PROFESSIONAL PRESENTATIONS

Creed, T. A., Wolk, C. B., **Feinberg, B.**, Evans, A. C., & Beck, A. T. (2014). *Beyond the Label: Relationship Between Community Therapists' Self-Report of a Cognitive Behavioral Therapy Orientation and Observed Skills*. Presented March 2014, at the Annual Meeting of the Anxiety and Depression Association of America, Chicago, IL.

Lakin Gullan, R., **Feinberg, B.**, Necowitz-Hoffman, B., & Leff, S. *A Systematic Review of the Quality of Youth Service Program Design and Evaluation: What the Research Does (and Does Not) Tell Us*. Presented May 2008, at the Leadership Education in Neurodevelopmental and Related Disabilities Research Symposium (LEND), Philadelphia, PA.

Lakin Gullan, R., **Feinberg, B.**, Necowitz-Hoffman, B., & Leff, S. *A Systematic Review of the Quality of Youth Service Program Design and Evaluation: What the Research Does (and Does Not) Tell Us*. Presented March 2008, at the Society for Research on Adolescents (SRA), Chicago, IL.

Leff, S. S., Gullan, R. L., Freedman, M. A., **Feinberg, B.**, & Paskewich, B. *Utilizing Partnership-Based Approaches for Developing Empirically-Supported and Culturally-Responsive Integrity Monitoring Systems*. Presented March 2010, at the National Association of School Psychologists (NASP), Chicago, IL.

Leff, S., Lakin, R., Paskewich, B., **Feinberg, B.**, & Butler, M. *Using Participatory Action Research to Design an Intervention Integrity System in the Urban Schools*. Presented February 2008, at the National Association of School Psychologists (NASP), New Orleans, LA.

Leff, S., Paskewich, B., Gullan, R. L., MacEvoy, J. P., Waanders, C., & **Feinberg, B.** *School-Based Relational Aggression Interventions: Impact upon Girls and Boys*. Presented April 2009, at the Society for Research in Child Development (SRCD), Denver, CO.

Leff, S., Paskewich, B., Waanders, C. Gullan, R. & **Feinberg, B.** *School-based programming to prevent relational aggression and bullying*. Presented February 2009, at the National Association of School Psychologists (NASP), Boston, MA.

Manz, P., Kratochwill, T., Power, T. J., Leff, S., Bracaliello, C. B., Mautone, J., Soffer, S., Gullan, R., Clarke, A. T., Jones, H. A., Freedman, M., **Feinberg, B. E.**, & Paskewich, B. *Monitoring multiple dimensions of intervention integrity in applied research*. Presented

March 2010, at the National Association of School Psychologists (NASP), Chicago, IL.
Received the President's Special Strand Recognition.

Pryor, D. W., Everett, K. D., Hughes, M., & **Saphire, B.** *The Paradox of Fear of Rape Among Women*. Presented April 2002, at the Annual Meetings of the Southern Sociological Society, Baltimore, MD.