

KRISTA KIRCANSKI, PSY.D.
LICENSED CLINICAL PSYCHOLOGIST

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Princeton, NJ 08542

EDUCATION

Pepperdine University Doctor of Psychology (Psy.D.) May 2015
Clinical Psychology

- Dissertation title: "Student therapists' use of self-disclosure with clients who have experienced trauma" (Defended April 2014)
- Dissertation Committee: Susan Hall, J.D., Ph.D., John Briere, Ph.D., & Edward Shafranske, Ph.D., ABPP

Boston University Master of Arts (M.A.) May 2008
Clinical Psychology

Boston University Bachelor of Arts (B.A.) May 2007
Psychology
Minor: Sociology

LICENSES

New Jersey 35SI00572600 Issued: December 2016

Pennsylvania PS018141 September 2016

CLINICAL
EXPERIENCE

Clinical Psychologist December
2016 -

The Center for Emotional Health of Greater Philadelphia, LLC

Present

Cherry Hill & Princeton, NJ

- Provide empirically-supported treatment to children, adolescents, and adults in a private practice setting that specializes in OCD, anxiety disorders, trichotillomania, tics, and related disorders
- Expertise in Cognitive Behavioral Therapy (CBT) for anxiety + depression, inclusive of Exposure and Response Prevention (ERP), Habit Reversal Training (HRT), DBT skills training, and trauma-informed approaches

Postdoctoral Fellow

2015 -

The Center for Emotional Health of Greater Philadelphia, LLC

2016

Cherry Hill & Princeton, NJ

Supervisor: Marla Deibler, Psy.D.

- Provided empirically-supported treatment to children, adolescents, and adults in a private practice setting that specializes in OCD, anxiety disorders, trichotillomania, tics, and related disorders
- Expertise in Cognitive Behavioral Therapy (CBT) for anxiety + depression, inclusive of Exposure and Response Prevention (ERP), Habit Reversal Training (HRT), and DBT skills training

Predoctoral Intern

2014 -

Terry Children's Center

2015

New Castle, DE

Supervisors: Diane McGuffin, Psy.D., Thomas Olson, Ph.D., & Jacqueline McMichael, Psy.D.

- Provided individual, family, and group empirically-supported treatment to children and adolescents in a residential treatment center specializing in trauma-informed care (Trauma Focused-CBT, PCIT)
- Provided individual and group empirically-supported treatment to adjudicated male adolescents within a state detention center (TF-CBT, Motivational Interviewing, Trauma Grief Component Therapy for Adolescents; TGCT-A)

Psychology Extern

2013 -

University of California - Los Angeles

2014

Semel Institute for Neuroscience and Human Behavior

Child Anxiety Disorders, OCD and Tic Disorders Program

Supervisors: John Piacentini, Ph.D., Susanna Chang, Ph.D. & Tara Peris, Ph.D.

- Conducted semi-structured diagnostic interviewing and administered initial and ongoing assessment measures to children and families as an Independent Evaluator (IE) for 4-6 UCLA Child Anxiety Program clinical research trials
- Received certification and conducted ongoing assessments as an IE in the multi-site Child and Adolescent Anxiety Multimodal Extended Long-Term Study (CAMELS), a longitudinal

nationwide clinical research grant examining lifetime anxiety disorders as a follow-up to CAMS

- Psychology Extern** 2012
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- University of California - Los Angeles** 2014
Semel Institute for Neuroscience and Human Behavior
Child Anxiety Disorders, OCD and Tic Disorders Intensive Outpatient Program
Supervisor: R. Lindsey Bergman, Ph.D.
- Provided individual and group empirically-supported treatment (CBT, ERP, DBT, Mindfulness skills training) in an Intensive Outpatient Program for children/adolescents ages 7-17 with primary anxiety disorder and co-morbid diagnoses
- Psychology Extern** 2013
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- Star View Adolescent Residential Treatment Center** 2014
Los Angeles, CA
Supervisors: Nicole Klasey, Psy.D. & Kate McGregor, Psy.D.
- Provided individual and group trauma-informed treatment to adolescents housed in locked level-14 residential and day treatment settings
 - Conducted comprehensive psychological testing with adolescents housed in a locked acute psychiatric hospital
- Psychology Extern**
2012 -
Harbor-UCLA Medical Center, Child and Adolescent Trauma Rotation
2013
Los Angeles, CA
Supervisor: Janine Shelby, Ph.D.
- Provided empirically-supported treatment and assessments (TF-CBT, PCIT for Traumatized Children, non-directive play therapy) to individuals and families who experienced trauma
 - Provided crisis intervention services and short-term therapy through the Consultation-Liason service in a pediatric intensive care unit
- Psychology Extern**
2011 -
Pepperdine University Counseling Center
2013
Los Angeles, CA
Supervisors: Aaron Aviera, Ph.D. & Edward Shafranske, Ph.D., ABPP
- Provided short- and long-term empirically-based treatment (CBT) in a sliding-scale university clinic serving individuals with a wide range of Axis I and Axis II diagnoses
- Psychology Fellow**
2010 -
Union Rescue Mission 2012
Los Angeles, CA

Supervisors: Aaron Aviera, Ph.D. & Stephen Strack, Ph.D.

- Provided individual therapy (Motivational Interviewing, CBT for substance use, CT for Schizophrenia) to dual diagnosis homeless individuals with severe and chronic Axis I and Axis II disorders
- Provided shelter staff with quarterly psychoeducational trainings on identification and responses to common psychiatric and psychotic disorders experienced by homeless populations

Psychology Extern

2011 -

Bienvenidos Children's Center

2012

Los Angeles, CA

Supervisor: Janet Urquizu, Psy.D.

- Provided individual and family therapy, play therapy and psychotherapy (CBT, parent training) in a community health center serving children and adolescents and Victims of Crime (VOC)
- Administered psychological assessments to children and adolescents in order to clarify diagnoses, test for learning disabilities and autism, and determine overall cognitive and emotional functioning

Community Residence Counselor

2008 -

McLean Hospital, Adolescent Acute Residential Treatment Program

2009

Brockton, MA

- Provided emotional support to adolescents at an inpatient step-down facility utilizing a dialectical-behavioral (DBT) model of treatment
- Led and co-led daily DBT groups and developed and led a weekly recovery group promoting emotional, psychological, and physical wellness

Parental Stress Hotline Volunteer, Parents Helping Parents

2007

Boston, MA

- Answered weekly phone calls from parents experiencing acute distress related to their child and provided support, empathy, and adjunctive resources to enable parents to reach appropriate solutions on their own

PROFESSIONAL EXPERIENCE

Administrative Coordinator of Clinical Services in Child and Adolescent Psychiatry

2009 -

Administrative Coordinator of the Child Psychiatry Psychology Training Program

2010

Project Coordinator, Massachusetts Child Psychiatry Education Program

Boston Medical Center, Department of Child and Adolescent Psychiatry

- Principal contact for families, healthcare professionals, Consultation-Liaison service, and patient referrals to the child and adolescent psychiatry clinic in a university teaching hospital

RESEARCH

EXPERIENCE

Research Coordinator 2011 -
2014

Pepperdine Applied Research Center (PARC)

- Coordinated research protocols within the Pepperdine University Counseling and Irvine Community Counseling Centers
- Co-supervised 7 Research Assistants and led bi-monthly lab meetings

Research Assistant

2008

Cambridge Hospital

- Assisted with SPSS data entry of SCID reports on a multi-site study examining alternative assessment and categorization of personality disorders

Research on Attitudes towards Governmental Aggression 2006 -
2008

Boston University

- Developed and implemented a study based on the Personal and Institutional Rights to Aggression Survey (PAIRTAS)
- Developed a qualitative coding manual based on Albert Bandura's Theory of Moral Disengagement and coded responses in SPSS
- Presented findings in a poster presentation at the Eastern Psychological Association annual conference

SUPERVISION OF OTHER

STUDENTS

Practicum Student Supervisor 2014 -
Terry Children's Center 2015

- Provided weekly individual supervision to beginner and advanced practicum students within an APA-approved internship program specializing in the treatment of childhood externalizing and trauma-related disorders

Peer Supervisor

2013 -

Pepperdine University 2014

- Provided weekly individual supervision to beginner and advanced doctoral students placed at the Union Rescue Mission and West Los Angeles Clinic

Peer Assessment Supervisor

2012 -

Pepperdine University

2014

- Reviewed administration, scoring, and interpretation of fully integrated assessment batteries (e.g., cognitive, emotional, projective) performed by advanced doctoral students

TEACHING

EXPERIENCE

Guest Lecturer, Widener University

2016

Psychosocial Interventions in Forensic Settings

- Presented a course on Dialectical Behavior Therapy (DBT) to a class of advanced (2nd – 5th year) doctoral students, focusing on the practical use of DBT skills within forensic settings

Teaching Assistant, 2nd year doctoral level course

2012- 2013

Psychology 713: Advanced Psychological Assessment

Supervisor: Carolyn Keatinge, Ph.D.

Teaching Assistant, 1st year doctoral level course

2011 - 2013

Psychology 711: Emotional Assessment

Supervisors: Carolyn Keatinge, Ph.D., Susan Himmelstein, Ph.D., Sepida Sazgar, Psy.D.

Teaching Assistant, Master's level course

2011 -

2013

Psychology 602: Emotional Assessment

Supervisors: Carolyn Keatinge, Ph.D., Susan Himmelstein, Ph.D., Sepida Sazgar, Psy.D.

Teaching Assistant, 1st year doctoral level course

2011 - 2013

Psychology 710: Cognitive and Neuropsychological Assessment

Supervisors: Carolyn Keatinge, Ph.D., Susan Himmelstein, Ph.D., Sepida Sazgar, Psy.D.

Teaching Assistant, Master's level course

2011

Psychology 602: Cognitive Assessment

Supervisor: Linda Nelson, Ph.D.

PUBLICATIONS

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Walter, H.J., Hernandez, P.H., & Kircanski, K. Oppositional Defiant Disorder (2011). In Augustyn, M., Zuckerman, B., & Coronna, E.B. (Eds.), *The Zuckerman Parker Handbook of Developmental and Behavioral Pediatrics for Primary Care - Third Edition* (pp. 285-287). Philadelphia: Wolters Kluwer.

PRESENTATIONS

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Kircanski, K., Cho, J., & Malley-Morrison, K. (2007, March). Moral Disengagement as Applied to Attitudes toward Torture and Killing. Poster presented at the Eastern Psychological Association (EPA) annual conference, Philadelphia, PA

WEB-BASED TRAININGS

- 2012 **Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)**
Medical University of South Carolina
- 2012 **Parent-Child Interaction Therapy (PCIT)**
University of California - Davis
- 2012 **Psychological First Aid (PFA)**
The National Child Traumatic Stress Network

SELECTED SEMINARS AND TRAININGS

- 2016 CBT for OCD: How Science is Making Effective Treatment Even Better
Dr. John Piacentini, Ph.D., University of California – Los Angeles
OCD New Jersey Annual Conference
- 2015 CBT-Based Treatment for Trichotillomania and Skin Picking Disorder
East Coast Professional Training Institute: Trichotillomania Learning Center
- 2014 Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) – 2 day training
Dr. Chuck Webb, Ph.D., University of Delaware
- 2014 Parent Child Interaction Therapy (PCIT) – 40 hour training + 2 day advanced
training
Dr. Joshua Masse, Ph.D. & Dr. Abigail Janney, Psy.D., West Virginia University
- 2014 Motivational Interviewing with Adjudicated Adolescent Males
Stevenson Detention Center
- 2013 Professional Assault Crisis Training (Pro-ACT)
Starview Adolescent Center
- 2013 Trauma Informed Care - Attachment, Regulation, and Competency (ARC)
Dana Wyss, LMFT, ATR, Starview Adolescent Center
- 2013 Non-Directive Play Therapy – yearlong didactic

Dr. Janine Shelby, Ph.D., Harbor-UCLA Medical Center

2012 Psychological First Aid (PFA) Training
Harbor-UCLA Medical Center

2012 Dialectical Behavior Therapy – 2 day training
Dr. Marsha Linehan, Ph.D., ABPP, University of Washington