

Yevgeniya Ratnovsky, Ph.D.

The Center for Emotional Health of Greater Philadelphia
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EDUCATION

- May 2009 **Ph.D., Clinical Developmental Psychology**
Bryn Mawr College
Bryn Mawr, Pennsylvania
- May 2005 **M.A., Clinical Developmental Psychology**
Bryn Mawr College
Bryn Mawr, Pennsylvania
- May 2003 **B.A., Psychology *Summa Cum Laude*, Departmental Honors**
Arcadia University
Glenside, Pennsylvania

PROFESSIONAL LICENSES

- July 2015 Licensed clinical psychologist in the state of New Jersey

FOREIGN LANGUAGES

Fluent in Russian

PROFESSIONAL EXPERIENCE

- Apr. 2015 – Present **Clinical Psychologist**
The Center for Emotional Health of Greater Philadelphia
Cherry Hill and Princeton, New Jersey
Conduct psychotherapy with children, adolescents and adults with anxiety and mood disorders, tic disorders, trichotillomania and other impulse control disorders.
- Feb. 2013 – Apr. 2015 **Clinical Psychologist**
Growth Opportunity Center
Southampton, Pennsylvania
Conducted individual and family psychotherapy with children, adolescents and adults with anxiety, mood and impulse control disorders.

SUPERVISED CLINICAL TRAINING

July 2010 – Jan. 2013

Postdoctoral Training in Clinical Psychology

Child and Adolescent OCD, Tic, Trich and Anxiety Group (COTTAGe)

Department of Psychiatry

Perelman School of Medicine at the University of Pennsylvania

Philadelphia, Pennsylvania

Supervisor: Martin Franklin, Ph.D.

Conducted diagnostic evaluations and provided individual psychotherapy to children, adolescents and adults with anxiety disorders, tic disorders, trichotillomania and other impulse control disorders. Provided psychotherapy and evaluations to children with OCD and trichotillomania who took part in grant-funded studies conducted at COTTAGe. Presented at workshops for clinicians and parents on topics of empirically supported treatments for anxiety and related disorders. Supervised psychology practicum students and psychiatry residents.

Sept. 2009 – May 2010

Postdoctoral Training in Clinical Psychology

Devereux Foundation: Mapleton Residential Treatment Facility and the Devereux Day School

Villanova, Pennsylvania

Supervisor: Patricia Hillis-Clark, Psy.D.

Provided individual and group psychotherapy to children and adolescents with varied Axis I and Axis II diagnoses. Provided family therapy and parent consultation. Consulted with teachers and residential staff on behavior management strategies and developed behavior support plans. Conducted progress review and interagency meetings and collaborated with various agencies in the treatment of clients. Testified in court regarding clients' progress. Made referrals for mental health services following discharge from Devereux's residential treatment facility.

Sept. 2008 – Aug. 2009

Predoctoral Internship in Clinical Psychology (APA-Approved)

Devereux Foundation: Devereux Day School

Villanova, Pennsylvania

Supervisors: Howard Jarden, Ph.D., Amy Brosof, Ph.D., Cindy Miller, Ph.D.

Provided individual and group psychotherapy to children and adolescents with varied Axis I and Axis II diagnoses. Consulted teachers on behavior management and instructional issues and developed behavior support plans. Conducted psychological assessments including cognitive, academic, social-emotional, curriculum-based and functional behavior assessments. Supervised a bachelor's-level psychology trainee in psychotherapy and assessment. Implemented school-wide programs such as social skills training and classroom-based anxiety and depression treatment programs.

SUPERVISED CLINICAL TRAINING (continued)

June 2008 – Aug. 2008

Psychology Practicum

*Northwestern Human Services (Community Mental Health Center)
Sharon Hill, Pennsylvania*

Supervisor: Debra Burock, Ph.D.

Provided individual psychotherapy to children and adolescents with varied Axis I diagnoses and conducted parent training.

Sept. 2007 – Aug. 2008

Psychology Practicum

*Child Study Institute: Family Therapy Treatment Team
Bryn Mawr, Pennsylvania*

Supervisors: Mary Eno, Ph.D., Madeline Nathanson, Ph.D.

Provided family therapy to families with children and adolescents with varied Axis I diagnoses and relationship difficulties. Supervision included live one-way mirror observations and review of video-recorded sessions.

Nov. 2005 – July 2008

Psychology Practicum

*Child Study Institute: Anxiety Disorders Treatment Team
Bryn Mawr, Pennsylvania*

Supervisor: Elna Yadin, Ph.D.

Provided short-term individual psychotherapy to children and adolescents with varied anxiety disorders and OCD. Utilized exposure and response prevention treatment as the primary intervention approach.

Sept. 2007 – May 2008

Psychology Practicum

*Council for Relationships
Philadelphia, Pennsylvania*

Supervisor: Sara Corse, Ph.D.

Provided family, couples and individual psychotherapy to adults, adolescents and children with varied Axis I and Axis II diagnoses. Supervision included live one-way mirror observations and review of video-recorded sessions.

June 2007 – Aug. 2007

Psychology Practicum

*Friends Hospital: Intensive Adult Unit
Philadelphia, Pennsylvania*

Supervisors: Richard Ievoli, Ph.D., Paula Finestone, Ph.D.

Provided group and individual psychotherapy to adult and adolescent inpatient populations with severe and persistent mental illness.

SUPERVISED CLINICAL TRAINING (continued)

July 2006 – June 2007

Psychology Practicum

Anxiety and Agoraphobia Treatment Center

Bala Cynwyd, Pennsylvania

Supervisors: Jonathan Grayson, Ph.D., Linda Welsh, Ed.D.

Provided individual and group psychotherapy to adults and adolescents with the primary diagnosis of an anxiety disorder and varied comorbid Axis I and Axis II diagnoses. Supervision included review of recorded sessions.

Sept. 2005 – June 2006

School Psychology Practicum

Haverford School District

Havertown, Pennsylvania

Supervisors: Leslie Rescorla, Ph.D., Carol Roberts, Ph.D.

Provided psycho-educational and behavioral assessment and individual psychotherapy to children in kindergarten through 12th grade. Conducted Child Study Team (CST) and Individualized Education Plan (IEP) meetings. Provided consultation services to teachers and counselors.

May 2005 – Aug. 2005

Psychology Practicum

Center for Autism

Philadelphia, Pennsylvania

Supervisors: Ia Ioannidou, M.A.

Provided interventions (Picture Exchange Communication System (PECS), Treatment and Education of Autistic and related Communication-handicapped Children (TEACCH), Discrete Trial Training, Greenspan's Floor Time) to children between the ages of 3 and 5 years diagnosed with a pervasive developmental disorder.

PAPERS

Ratnovsky, Y., & Neuman, P. (2011). The effect of pre-exposure and recovery type on activity-based anorexia in rats. *Appetite, 56*,567-576.

RESEARCH EXPERIENCE

Sept. 2008 – Present

Internship Research Project

Devereux Foundation

Villanova, Pennsylvania

Advisor: Barry McCurdy, Ph.D.

Title: "The Effectiveness of School-Based Group Cognitive-Behavioral Therapy for Reducing Symptoms of Anxiety and Depression in Children with Comorbid Psychiatric Diagnoses"

Sept. 2005 – May 2009

Dissertation

Bryn Mawr College

Bryn Mawr, Pennsylvania

Advisor: Paul Neuman, Ph.D.

Title: "Pre-exposure and Recovery in Activity-Based Anorexia"

RESEARCH EXPERIENCE (continued)

- Sept. 2003 – May 2005 **Master's Thesis**
Bryn Mawr College
Bryn Mawr, Pennsylvania
Advisor: Robert Wozniak, Ph.D.
Title: "Acculturation and Adjustment in Russian-Jewish Adolescent Immigrants"
- Sept. 2003 – May 2004 **Research Assistant**
Bryn Mawr College: Human Cognition Laboratory
Bryn Mawr, Pennsylvania
Performed cognitive assessments of older adults using a variety standard assessment instruments. Assisted the primary investigator with data collection and analysis as part of several grant-funded studies investigating the relationship between aging and performance on cognitive tasks.
- Sept. 2002 – May 2003 **Senior Thesis**
Arcadia University
Glenside, Pennsylvania
Advisor: Steven Robbins, Ph.D
Title: "Cognitive Biases in Subclinically Anxious Individuals"

TEACHING EXPERIENCE

- Sept. 2015 – May 2016 **Adjunct Professor**
Arcadia Univerisity
Glenside, Pennsylvania
Taught a year-long Senior Seminar course.
- Jan. 2007 – May 2007 **Adjunct Professor**
Arcadia University
Glenside, Pennsylvania
Taught two sections of an advanced Personality Psychology course.
- Sept. 2004 – May 2007 **Teaching Assistant**
Bryn Mawr College
Bryn Mawr, Pennsylvania
Conducted laboratory and seminar portion of the courses in Abnormal, Developmental, Cognitive and Experimental psychology (five semesters total).

STUDENTS SUPERVISED

- Brangs, J., Forte, L., & Griffith, J. (2008, April). *Influence of a confederate's perceived educational status on responses to a word frequency task*. Poster session presented at the Delaware Valley Undergraduate Psychology Research Conference, Chester, PA. (Co-sponsored with Lester Sdorow).

CONFERENCE PRESENTATIONS

Ratnovsky, Y., & Neuman, P. (2008, October). *Pre-exposure and recovery in activity-based anorexia*. Paper presented at the Annual Conference of the Berkshire Association for Behavior Analysis and Therapy, Amherst, MA.

Ratnovsky, Y., & Neuman, P. (2007, May). *Recovery after activity-based anorexia in rats*. Poster session presented at the Annual Conference of Association for Behavior Analysis, San Diego, CA.

Ratnovsky, Y., & Neuman, P. (2007, March). *Pre-exposure and recovery in activity-based anorexia*. Poster session presented at the Annual Conference of Eastern Psychological Association, Philadelphia, PA.

Ratnovsky, Y., & Robbins, S. J. (2003, March). *Free recall of bilingual word lists containing semantically related words and semantically unrelated words in Russian-speaking adults*. Poster session presented at the Annual Conference of Eastern Psychological Association, Baltimore, MD.

Marquez, K., **Ratnovsky, Y.,** Hall, C., Rucker, D., Miserandino, M., & Sdorow, L. (2003, March). *Eyewitness memory for events under recall and recognition conditions using leading and misleading questions*. Poster session presented at the Annual Conference of Eastern Psychological Association, Baltimore, MD.

INVITED TALKS

Ratnosky, Y. (2013, June). *Habit reversal training for tics*. Talk presented at the Tourette Syndrome Association of Eastern PA Family Support Group Meeting, Willow Grove, PA.

Ratnovsky, Y., & McGovern, J. (2011, April). *Treatment of pediatric OCD*. Talk presented at the Thomas Jefferson University's Lecture Series for Child and Adolescent Psychiatry Fellows, Philadelphia, PA.

Ratnovsky, Y. (2010, November). *Trichotillomania: A case example*. Talk presented at the Bryn Mawr College's Clinical Brown Bag, Bryn Mawr, PA.

Ratnovsky, Y. (2009, June). *Child development: Theory and research*. Talk presented at University of Pennsylvania's Introduction to Experimental Psychology class, Philadelphia, PA.

Ratnovsky, Y. (2009, February). *Pre-exposure and recovery in activity-based anorexia*. Talk presented at the Bryn Mawr College Annual Graduate Symposium, Bryn Mawr, PA.

Ratnovsky, Y. (2007, October). *Evidence-based treatments of anxiety disorders*. Talk presented at Arcadia University's Abnormal Psychology class, Glenside, PA.

Ratnovsky, Y. (2007, August). *Exposure and response prevention treatment for obsessive-compulsive disorder*. Talk presented at the Friends Hospital Monthly Symposium, Philadelphia, PA.

Ratnovsky, Y. (2006, January). *Acculturation and psychological adjustment in Russian-Jewish adolescent immigrants*. Talk presented at the Bryn Mawr College Annual Graduate Symposium, Bryn Mawr, PA.

AWARDS AND HONORS

- 2007 Student Presenter grant from the Society for the Advancement of Behavior Analysis
- 2005, 2006 HIAS Scholarship Award – *awarded to immigrant students selected nationally who show promise of being leaders in their field*
- 2003 Gordon Family Award for Excellence in Research – *awarded to a graduating senior in social sciences at Arcadia University for demonstrating superior skills in conducting research*
- 2002 Elaine Maimon Award for Excellence in Writing – *awarded to an undergraduate student at Arcadia University for demonstrating superior writing skills*
- 2002 Psi Chi, National Honor Society in Psychology
- 2002 Phi Kappa Phi, National Honor Society in All Academic Disciplines
- 2002 Campus Achievement Award – *awarded to an undergraduate student at Arcadia University for significant contribution to student life*
- 2000 Distinguished Scholar Award – *awarded to a freshman at Arcadia University for showing promise as a future scholar in his or her area of study*

PROFESSIONAL MEMBERSHIP

Philadelphia Behavior Therapy Association, Member