

Samantha Deana

Licensed Clinical Psychologist New Jersey (35SI00633800) & Pennsylvania (PS019238)

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EDUCATION

La Salle University PsyD, Clinical Psychology Dissertation: Examining Thought-Action Fusion as a Mediator of The Relationship Between a Bi-dimensional Model of Mindfulness and Obsessive Compulsive Disorder	2019 Philadelphia, PA
La Salle University MA, Clinical Psychology	2016 Philadelphia, PA
Bucknell University BA, Psychology	2014 Lewisburg, PA

CLINICAL PSYCHOLOGY EXPERIENCE

The Center for Emotional Health of Greater Philadelphia, LLC Licensed Psychologist Cherry Hill, NJ and Princeton, NJ	March 2021 - Present
The Center for Emotional Health of Greater Philadelphia, LLC Post-doctoral Fellow Cherry Hill, NJ and Princeton, NJ <i>Supervisor: Marla Deibler, PsyD</i> <ul style="list-style-type: none">• Provided evidence-based assessment and treatment for children, adolescents, and adults experiencing neurodevelopmental disorders, anxiety disorders, OCD and related disorders, and trauma related disorders• Trained in exposure and response prevention (ERP) for OCD and the comprehensive model behavioral treatment (COMB) for body focused repetitive behaviors	August 2019 – March 2021

Corporal Michael J. Crescenz Veterans Affairs Medical Center August 2018 – August 2019
Pre-doctoral Psychology Intern – APA Accredited Internship Program
Philadelphia, PA

Directors of Training: Susan DelMaestro, PhD and Johanna Klaus, PhD

- Trained/supervised in cognitive-behavioral therapy (CBT) for depression, prolonged exposure for PTSD, and use of evidence-based manualized treatments for panic disorder, specific phobias, OCD, and GAD
- Provided treatments for sleep disorders including cognitive behavioral treatment for insomnia (CBT-I), imagery rehearsal for trauma nightmares, and behavioral strategies that promote use of CPAP for sleep apnea
- Provided individual assessment, psychotherapy, and treatment planning to veterans experiencing difficulties related to PTSD, military sexual trauma, childhood trauma, and complex trauma
- Provided consultation services to primary care providers in addition to scheduled and urgent evaluations of veterans with a broad range of mental and behavioral health issues. Worked with the Post Deployment Clinic (PDC), a primary care clinic serving male and female veterans who have served in Iraq and Afghanistan
- Co-facilitated treatment groups including outpatient DBT skills group for veterans dealing with emotion regulation difficulties and Skills Training in Affective and Interpersonal Regulation (STAIR) group for female veterans who have experienced trauma

La Salle University Community Psychological Services June 2017 – June 2018
Anxiety Disorders Treatment Team

Chief Clinical Extern

Philadelphia, PA

Supervisor: Megan Spokas, PhD

- Selected by La Salle faculty to provide supervision and management for a department run community mental health clinic focused on providing evidence-based treatment for anxiety disorders
- Provided peer supervision through live video review and individual meetings with doctoral students. Reviewed and edited student clinicians' intake reports, case conceptualizations, and treatment plans

La Salle University Community Psychological Services June 2017 – June 2018
Psychological Assessment Team

Chief Clinical Extern

Philadelphia, PA

Supervisor: Kathleen Murphy-Eberenz, PhD

- Reviewed and edited student clinicians' intake and assessment reports
- Assisted in risk assessment and safety planning
- Co-facilitated weekly group supervision with licensed psychologist

Cooper University Hospital Neuropsychology

June 2017 – June 2018

Clinical Extern

Cherry Hill, NJ

Supervisors: Andrea Casher, PsyD, Mark Rader, PhD, Merin Campbell, PsyD

- Conducted comprehensive neuropsychological assessment batteries for a broad range of neurological based difficulties including epilepsy, stroke, Parkinson's disease, dementia, brain tumor, and brain injury
- Conducted brief neuropsychological consultations for patients on a trauma unit
- Assisted in scoring, interpreting, and writing the results of neuropsychological assessments

Corporal Michael J. Crescenz Veterans Affairs Medical Center

June 2016 – August 2017

Clinical Extern

Philadelphia, PA

Supervisors: Elizabeth Eber, PhD and Cynthia Galan, PsyD

- Provided empirically supported inpatient group psychotherapy for veterans suffering from serious mental illness and substance abuse
- Provided brief individual psychotherapy for veterans on the inpatient unit to facilitate follow through of treatment plan
- Developed training form and assisted supervisor in training incoming practicum students

La Salle University Community Psychological Services

June 2016 – June 2017

Anxiety Disorders Treatment Team

Clinical Extern

Philadelphia, PA

Supervisors: Megan Spokas, PhD and Rosanna Sposato, PsyD

- Provided empirically supported individual outpatient psychotherapy, including cognitive behavioral therapy (CBT) for adults who have anxiety disorders. Administered, scored, and interpreted psychological assessments that were used for case conceptualization and treatment planning

La Salle University Psychological Services

June 2015 – June 2016

Psychological Assessment Team

Clinical Extern

Philadelphia, PA

Supervisor: Kathleen Murphy-Eberenz, PhD

- Conducted comprehensive psycho-diagnostic assessment batteries and feedback sessions for adults with learning, attention, and emotional concerns. Wrote integrated reports based on assessment data, and developed appropriate recommendations to facilitate individuals' professional and educational needs

NHS Human Services of Mt. Airy

June 2015 – June 2016

Clinical Extern

Philadelphia, PA

Supervisor: Robin Arnold, MBA, PsyD

- Conducted individual and family therapy with children, adolescents, and adults in an outpatient community mental health center who presented with a variety of concerns, including serious mental illness and developmental disabilities

RESEARCH EXPERIENCE

Clinical Dissertation

March 2017 – January 2019

Principal Investigator

La Salle University, Philadelphia PA

Clinical Dissertation Chair: LeeAnn Cardaciotto, PhD

Study title: *Examining Thought-Action Fusion as a Mediator of the Relationship Between a Bi-dimensional Model of Mindfulness and Obsessive Compulsive Disorder*

La Salle University Mindfulness Research Team

September 2014 – May 2019

Research Assistant

- Participated in weekly meetings of doctoral and masters' students to complete projects that focus on mindfulness in both clinical and non-clinical populations.

Bucknell University Psychology Department

January 2013 – May 2014

Research Assistant

- Researched and reviewed literature, created and distributed surveys, wrote and revised poster submissions, data analyses. Topics included sexual assault prevalence on college campus (2013) and sexual assault while studying abroad (2014)

PRESENTATIONS

Deana, S., Cardaciotto, L., Fingerhut, R., & Deibler, M. *Examining Thought-Action Fusion and Thought Suppression as Mediators of the Relationship between a Bi-dimensional Model of Mindfulness and Obsessive Compulsive Disorder*. Poster Presented at the 2018 Annual Association for Behavioral and Cognitive Therapies Conference, Washington D.C.

Henriques, C., **Deana, S.**, & Cardaciotto, L. *Soothing Shame and Anger with Compassion: Examining Shame as a Mediator of the Relationship Between Self-Compassion and Anger*. Poster Presented at the 2016 Annual Association for Behavioral and Cognitive Therapies Conference, New York, NY.

Weissman, J., **Deana, S.**, Henriques, C., Haas, M., Firestone, J., & Cardaciotto, L. *Examining the*

Stability of Awareness and Acceptance Over Time: Test-Retest Reliability of the Philadelphia Mindfulness Scale. SIG Poster Presented at the 2015 Annual Association for Behavioral and Cognitive Therapies Conference, Chicago, IL.

Flack, W., Kurtz, B., Valdes, J., Higgins, C., Brooks, T., Gideon, G., Ruff, L., **Deana, S.**, Herrera, H., Leone, A., McVeigh, M., Quinn, C., Reeh, T., & Romagnoli, K. (November, 2014). *Hookups reported by victims and perpetrators as contexts for campus sexual assault.* Paper accepted for presentation at the 30th annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.

Kurtz, B.E., Flack, W.F., Jr., Bonnell, J.E., Born, K.M., CasaNova, C., **Deana, S.L.**, Gisler, S., Gockley, A., Iordano, A., Jacobs, G., Kerr, O., MacIntyre, R., McVeigh, M., Romagnoli, K., & Valdes, J. (2013, November). *Acquaintance hook-ups are riskiest for sexual assault.* Paper presented at the 29th meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA

TEACHING EXPERIENCE

Clinical Interviewing Spring 2018

La Salle University, Philadelphia PA

Graduate Teaching Assistant

- Conducted behavioral assessments with doctoral students on the SCID-I and biopsychosocial clinical interview

Psychological Assessment: Personality Assessment Summer 2016

La Salle University, Philadelphia PA

Graduate Teaching Assistant

- This course provided an overview of personality assessment theory and objective measures. Instructed the administration and scoring of the MMPI-2, PAI, and NEO, graded homework assignments and exams, and gave case presentation on assessment client

SPECIALIZED TRAININGS AND WORKSHOPS

4-Day Intensive Workshop in Exposure and Response Prevention Therapy for OCD January 2021

Alissa Jerud, PhD, Cognitive Behavior Institute

Trichotillomania Learning Center Virtual Professional Training Institute October 16, 2019

Trichotillomania Learning Center

Charles Mansueto, PhD, Fred Penzel, PhD, Ruth Goldfinger Golomb, LCPC, MEd

Prolonged Exposure Therapy for PTSD September 4-6, 2018

Christina DiChiara, PsyD, Jason Goodson, PhD

Corporal Michael J. Crescenzo VA Medical Center

Motivational Interviewing

Dominick DePhilippis, PhD

Corporal Michael J. Crescenz VA Medical Center

August 25-26, 2016

HONORS AND AWARDS

La Salle University Community Psychological Services Chief Extern 2017 – 2018

Professional Development Convention Grant (2016) Awarding Institution: La Salle University

Professional Development Convention Grant (2015) Awarding Institution: La Salle University

PROFESSIONAL AFFILIATIONS

Association for Contextual Behavioral Science (ACBS)

International OCD Foundation (IOCDF)

The TLC Foundation for Body-Focused Repetitive Behaviors