

# HAMISH GUNN, M.A., Ph.D.

## Curriculum Vitae

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### **Education**

University of Massachusetts Boston, Clinical Psychology Ph.D. Program (APA Accredited)  
Doctor of Philosophy (Ph.D.), Clinical Psychology (2020)  
Master of Arts (M.A.), Clinical Psychology (2017)

University of San Francisco, Undergraduate Program  
Bachelor of Arts (B.A.), Psychology (2005)

### **Licensure**

PA Licensed Psychologist (July 2022 – Present): PS019626  
Authorized to practice interjurisdictional telepsychology (APIT/PSYPACT) (August 2022 – Present): Mobility Number 11993

### **Clinical Experience**

#### **The Center for Emotional Health of Greater Philadelphia**

Staff Psychologist (September 2022 – Present)

Postdoctoral Fellow (September 2020 – August 2022)

- Setting: Outpatient private practice specializing in anxiety, OCD, and related disorders
- Conducting individual short- and long-term psychotherapy
- Conducting exposure-based psychotherapy groups
- Expertise in conducting Cognitive Behavior Therapy (CBT), Exposure and Response Prevention (ERP), Habit Reversal Training (HRT), Comprehensive Behavioral Intervention for Tics (CBIT), Prolonged Exposure Therapy (PE), and Acceptance and Commitment Therapy (ACT)

#### **Friends Hospital**

Predoctoral Intern (July 2019 – August 2020)

- Setting: Inpatient psychiatric hospital. Primary rotation on adolescent unit, secondary rotation on general adult unit
- Led skills and psychoeducation groups incorporating CBT and DBT material
- Conducted short-term individual treatment, implementing CBT and behavioral therapies
- Provided mentoring for graduate student externs
- Conducted trainings for hospital staff

#### **Boston University Center for Anxiety & Related Disorders (CARD)**

Practicum Trainee, Child CARD (August 2018 – July 2019)

- Setting: Outpatient treatment center for child and adolescent clients with moderate anxiety and OCD
- Conducted short-term individual and family psychotherapy, implementing CBT and behavioral therapies

### **McLean Hospital/Harvard Medical School**

Practicum Trainee, Anxiety Mastery Child Intensive Group-Based Outpatient Program (MAMP) (August 2017 – June 2018)

- Setting: Outpatient treatment program (4 days per week) for child and adolescent clients with moderate-to-severe anxiety and OCD
- Conducted short-term individual and group psychotherapy, implementing Exposure and Response Prevention (ERP) and other CBT and behavioral therapies
- Conducted family sessions
- Co-led psychoeducation groups

### **University of Massachusetts Boston**

Peer Support Facilitator (September 2017 – May 2018)

- Led monthly peer support group with second year doctoral student trainees as they transition to their roles as therapists at the University Counseling Center
- Facilitated the group in processing their experiences, problem solving challenges related to the site, discussing ways to maximize supervision, etc.

### **Massachusetts Mental Health Center/Harvard Medical School**

Practicum Trainee, Partial Hospital DBT Unit (September 2016 – June 2017)

- Setting: Day treatment program for clients with chronic suicidality and self-harm behaviors, borderline personality disorder, and other high acuity presentations
- Co-lead DBT and CBT skills groups
- Conducted short- and long-term individual psychotherapy, adapting evidence based techniques for use with a high acuity population
- Assisted with case management for individual psychotherapy clients
- Wrote initial visit notes, interview and process notes, clinical intake summaries, and termination summaries

### **University of Massachusetts Boston**

Graduate Clinician, University Counseling Center (September 2015 – May 2016)

- Setting: University counseling center, primarily oriented towards students who present with academic and adjustment issues, anxiety, and depression
- Conducted short- and long-term individual psychotherapy
- Initiated and engaged in outreach activities to university community

### **Samaritans of New York Suicide Hotline**

Hotline Volunteer (August 2008 – September 2011)

- Provided support to distressed and/or suicidal callers

Home Leader (August 2010 – September 2011)

- Debriefed volunteers after their shifts

- Provided guidance to volunteers during high-risk calls

### **Haight-Ashbury Psychological Services**

Volunteer (October 2004 – May 2005)

- Performed intake interviews with prospective therapy clients

### **Research Experience**

#### **University of Massachusetts Boston**

Research Assistant, Syndemics Treatment, Evaluation, and Prevention [STEP] Laboratory,  
Department of Psychology (September 2014 – Present)

Supervisor: David Pantalone, PhD

Studying psychosocial and behavioral factors related to the domestic HIV epidemic, and LGBT health disparities, using qualitative and quantitative methodologies

- Transcribing and coding qualitative interviews
- Preparing and submitting IRB applications
- Conducting data analysis and collaborating on manuscript development

#### **Mailman School of Public Health, Columbia University**

Research Assistant (April 2012 – April 2014)

Supervisors: Karolynn Siegel, PhD & Helen-Marie Lekas, PhD

Online Partnering of Heterosexuals and HIV Risk (NIMH R01 95325)

Used mixed methods to explore the relationship between online sexual activity and risk sexual behavior

- Conducted in-depth, semi-structured qualitative interviews
- Coded interview transcripts
- Assisted in grant writing
- Assisted in preparing papers for publication

#### **New York State Psychiatric Institute, Columbia University**

Intern, Child Psychiatric Epidemiology Group (July 2011 – March 2013)

Supervisor: Christina Hoven, PhD

Investigated the ways in which a parent's traumatic stress impacts their children's mental health

- Conducted structured clinical interviews with 9/11 first responders/evacuees and their children
- Assisted in grant writing

#### **Baruch College, City University of New York**

Research Assistant, Sleep Lab (January 2010 – December 2011)

Supervisor: Mindy Engle-Friedman, PhD

Explored the impact of sleep patterns and fatigue on mental processes

- Assisted in designing, conducting, and analyzing quantitative data using SPSS
- Assisted in researching and writing papers for submission to academic journals
- Prepared presentations for academic conferences

#### **New York University**

Research Assistant, Social Perception, Action & Motivation [SPAM] Lab (September 2009 – May 2011)

Supervisor: Emily Balcetis, PhD

Studied the relationship between social perceptions and behaviors

- Assisted in designing and conducting experiments
- Researched and wrote literature reviews

### Awards and Honors

Student Research Award, Sexual and Gender Minority Special Interest Group, Association for Behavioral and Cognitive Therapies (2015)

### Publications and Presentations

#### Publications

- Gorman, K. R., Shipherd, J. C., Collins, K. M., **Gunn, H. A.**, Rubin, R. O., Rood, B. A., & Pantalone, D. W. (2022). Coping, resilience, and social support among transgender and gender diverse individuals experiencing gender-related stress. *Psychology of Sexual Orientation and Gender Diversity*, 9(1), 37.
- Pantalone, D. W., Nelson, K. M., Batchelder, A. W., Chiu, C., **Gunn, H. A.**, & Horvath, K. J. (2020). A systematic review and meta-analysis of combination behavioral interventions co-targeting psychosocial syndemics and HIV-related health behaviors for sexual minority men. *The Journal of Sex Research*, 1-28.
- Hughto, J. M., **Gunn, H. A.**, Rood, B. A., & Pantalone, D. W. (2020). Social and Medical Gender Affirmation Experiences Are Inversely Associated with Mental Health Problems in a US Non-Probability Sample of Transgender Adults. *Archives of Sexual Behavior*, 1-13.
- Puckett, J. A., Wolff, J. R., **Gunn, H. A.**, Woodward, E. N., & Pantalone, D. W. (2018). An Investigation of Religion and Spirituality of Sexual Minorities in the United States: Exploring Perceptions, Intrinsic Religiosity, and Outness to Religious Communities. *The International Journal for the Psychology of Religion*, 28(3), 145-161.
- Siegel, K., Lekas, H.-M., Onaga, M., Verni, R., & **Gunn, H. A.** (2017). The strategies of heterosexuals from large metropolitan areas for assessing the risks of exposure to HIV or other sexually transmitted infections from partners met online. *AIDS Patient Care and STDs*, 31(4), 182-195.
- Pantalone, D. W., Puckett, J. A., & **Gunn, H. A.** (2016). Psychosocial factors and HIV prevention for gay, bisexual, and other men who have sex with men. *Social and Personality Psychology Compass*, 10(2), 109-122.

#### Presentations

- Flynn, A. W. P., **Gunn, H. A.**, Cunningham, J. L., Grov, C., & Pantalone, D. W. (2016, April). 'Queerer spaces': A content analysis of bisexual men's evaluations of HIV prevention efforts and sex-seeking venues. Poster presentation at the Massachusetts Statewide Undergraduate Research Conference Amherst, MA.

**Gunn, H. A.,** Woodward, E. N., Nelson, K. M., & Pantalone, D. W. (2016, October). *Developing a new measure of HIV prevention resilience resources*. In M. E. Newcomb (Chair), *Innovations in Methodological Approaches for Research with Lesbian, Gay, Bisexual, Transgender and other Sexual and Gender Minority (LGBTQ) Individuals*. Symposium conducted at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

**Gunn, H. A.,** Woodward, E. N., & Pantalone, D. W. (2015, November). *Drinking motives, drinking problems, and mental health symptoms in sexual minority men*. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Hoffmann, D. A., Cho, K. W., **Gunn, H.A.,** & Engle-Friedman, M. (2011, May). *Effects of energy state on recognition memory*. Poster presented at the Annual Meeting of the Association for Psychological Science Annual Meeting, Washington, DC.

**Gunn, H. A.,** Hayrapetyan, L., Furman, G., Lee, E., Maculaitis, M., & Engle-Friedman, M. (2011, March). *Who affects our attitudes towards sustainability?* Poster presented at the Annual Meeting of the Eastern Psychological Association, Boston, MA.

### **Teaching Experience**

#### **University of Massachusetts Boston**

Instructor, Introduction to Psychology (Fall 2017, Spring 2018), Social Psychology (Fall 2018, Spring 2019)

- Teaching 150 minutes per week to a class of 25-35 students
- Preparing lecture materials, visual aids, homework assignments, exams, and exam reviews
- Grading exams and papers

Teaching Assistant, Introduction to Psychology (Fall 2014, Spring 2015)

- Led two weekly discussion sections of 20 students each
- Prepared lecture materials, visual aids, homework assignments, and conducted exam reviews
- Graded final papers

### **Leadership and Service**

#### **Guest Co-Reviewer (with David Pantalone, PhD)**

*American Journal of Public Health* (2017)

*Journal of Consulting and Clinical Psychology* (2016)

*Psychology of Sexual Orientation and Gender Diversity* (2015)

*Cognitive and Behavioral Practice* (2015)

#### **University of Massachusetts Boston**

President, Psychology Connections Committee (September 2015 – May 2016)

- Coordinating a program that matches interested undergraduates with graduate student mentors who can provide guidance and advice regarding graduate studies and careers in psychology
- Organizing two yearly events that provide interested undergraduates the opportunity to learn more about research opportunities and about the process of applying to graduate school

Member, Clinical Graduate Students Association [CGSA] (September 2014 – Present)

- Contributing to student governance
- Assisting in organizing meals and events for prospective clinical psychology doctoral students during interview days on campus