

# Christina R. Vroman, PsyD

*Licensed Clinical Psychologist NJ #35SI00670400*

The Center for Emotional Health of Greater Philadelphia, LLC  
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## EDUCATION

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### **Philadelphia College of Osteopathic Medicine (PCOM)**

Philadelphia, Pennsylvania

APA - Accredited Clinical Psychology Doctorate Program (PsyD); graduated July 2019

Master of Science in Clinical Psychology; completed November 2017

### **Montclair State University**

Montclair, New Jersey

Master of Arts in Clinical Psychology specializing in Children and Adolescents; graduated May 2014

### **Saint Peter's College**

Jersey City, New Jersey

Bachelor of Arts in Psychology and Criminal Justice; graduated May 2011

## CLINICAL PSYCHOLOGY EXPERIENCE

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### *The Center for Emotional Health of Greater Philadelphia*

Cherry Hill, NJ

#### *Licensed Psychologist*

June 2022 - Present

- Conducts psychological and psychoeducational testing for children, adolescents, and adults to assess for learning disabilities, attention deficit/hyperactivity disorder, autism, and other psychological disorders
- Provides evidence-based psychological treatment to children, adolescents, and families in an outpatient setting
- Runs organizational/executive functioning skills groups for adolescents

### *The Center for Emotional Health of Greater Philadelphia*

Cherry Hill, NJ

#### *Post-Doctoral Fellow*

August 2019 - June 2022

Supervisor: Jennifer Gola, PsyD

- Conducted psychological and psychoeducational testing for children, adolescents, and adults to assess for learning disabilities, attention deficit/hyperactivity disorder, autism, and other psychological disorders
- Provided evidence-based psychological treatment to children, adolescents, and families in an outpatient setting
- Ran organizational/executive functioning skills groups for adolescents

***Intercommunity Action (Interact)***  
***Pre-Doctoral Intern***

Philadelphia, PA  
June 2018 - June 2019

Supervisors: William La Valle, PsyD; Michael Gray; and Tara Drames, PsyD

- Conducted psychological and psychoeducational testing for children, adolescents, and adults to assess for learning disabilities, attention deficit/hyperactivity disorder, autism, and other psychological disorders
- Conducted comprehensive biopsychosocial evaluations and intakes
- Completed BHRS re-evaluations
- Differentiating and identifying clinical DSM-5 diagnoses to inform treatment planning
- Providing individual, family, and group therapy, including co-leading Lego play therapy for children with autism
  - Assessment experience included administering and scoring tests, writing integrated reports, collaborating with educational staff, and providing clients with feedback and detailed recommendations based on cognitive/intelligence, memory, academic achievement, executive, phonological, personality, and/or autism test results
- *Supervisory Experience:*
  - Provided weekly individual supervision of doctoral-level psychology externs to offer oversight with regard to assessment and therapy cases as well as other clinical training matters
  - Led weekly group supervision of doctoral-level psychology externs to discuss administrative and clinical matters
  - Provided weekly on-call crisis management coverage to fellow clinicians

***Cooper University HealthCare, Cooper Learning Center***  
***Clinical Extern***

Voorhees/Camden, NJ  
July 2017 - June 2018

Supervisor: Richard Selznick, PhD

- Attended medical appointments as a behavioral health consultant
- Made rounds in the hospital with physicians
- Engaged in interdisciplinary discussions regarding diagnostic impressions, best course of treatment, and other recommendations
- Provided psychoeducation and brief interventions with clients and their parents
- Provided brief, evidence-based individual therapy for individuals presenting with anxiety and depression
- Conducted psychoeducational evaluations of children and adolescents and provided families with feedback.

***Intercommunity Action (Interact)***  
***Clinical Extern***

Philadelphia, PA  
July 2016 - June 2018

Supervisors: William La Valle, PsyD, Michael Gray, PhD, and Tara Drames, PsyD

- Assessed for DSM-5 neurodevelopmental disorders (e.g., autism, specific learning disorders, attention-deficit hyperactivity disorder) through full or partial psychological and psycho-educational batteries; conducted comprehensive biopsychosocial evaluations and intakes; differentiated and identified clinical DSM-5 diagnoses to inform treatment planning, and provided individual, family, and group therapy, including co-led Lego play therapy for children with autism
  - Assessment experience included administering and scoring tests, writing integrated reports, collaborating with educational staff, and providing clients with feedback and detailed

recommendations based on cognitive/intelligence, memory, academic achievement, executive functioning, phonological, personality, adaptive functioning, and/or autism test results

- Therapeutic experience included provided evidence-based outpatient psychological services, such as cognitive-behavioral therapy (e.g., The Coping Cat, The Relapse Prevention Program, etc.), motivational interviewing, relapse prevention, and social skills training (e.g., Lego play therapy) for individuals diagnosed with depression, anxiety, adjustment/trauma, autism spectrum, bipolar disorder, and substance use disorders

***Penn Anxiety Program***

***Clinical Extern***

Philadelphia, PA  
June 2016 - June 2017

Supervisors: Dianne Chambless, PhD and Alan Goldstein, PhD

- Provided individual therapy using the cognitive behavioral therapy approach
- Conducted clinical interviews for diagnosis and determined symptom severity using the Anxiety Disorders Interview Schedule (ADIS) for DSM-IV, Structured Clinical Interview (SCID-II) for DSM-IV, Axis II, Panic Disorder Severity Scale (PDSS), Hamilton Depression Scale (HAM-D), and Hamilton Anxiety Scale (HAM-A).

***Bergen Regional Medical Center - Paramus, NJ***

***Master's Level Intern***

Paramus, NJ  
September 2013 - May 2014

Supervisors: Gagan Luthra, PhD and Drew Losak, LCSW

- Facilitated group, individual, and family psychotherapy within the MICA/APH Partial Program, Children's Inpatient Unit, and Outpatient Department for Children and Families
- Conducted biopsychosocial evaluations
- Participated in treatment team meetings with families, social workers, and school personnel
- Assisted with discharge planning and identifying placements for children

***Rutgers University Behavioral HealthCare***

***Mental Health Specialist IV***

Piscataway, NJ  
October 2012 - October 2014

**Child Therapeutic Day School**

- Supervisor: Diana Salvador, PsyD
  - Provided milieu therapy for children with emotional and behavioral disabilities in a school-based program; Extensive knowledge in non-violent crisis prevention intervention strategies, specifically de-escalation strategies; Provided substitute teaching for a special education population

**Child Transitional Residence**

- Supervisor: Joyce Clark-Addison, LCSW
  - Provided milieu therapy for children with emotional and behavioral disabilities in a residential treatment program; Organized therapeutic groups and activities for children aged 5-12; Assisted children in using their preferred coping strategies when experiencing negative feelings

## PRESENTATIONS

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### Lectures and Workshops as a Presenter:

- *Greenridge Counseling Center (Interact)*: Bimonthly for 2018-2019 Internship Year (Philadelphia, PA)
  - Provided bi-monthly opportunity with supervisor for doctoral-level psychology externs to watch ADOS-2 module administration from DVD with manual; Offered clinical insight on how to take proper notes in protocol and observe behaviors; Co-facilitated discussions on coding and scoring, both separately and as a group
- *Philadelphia College of Osteopathic Medicine (PCOM)*: March 16<sup>th</sup>, 2017 (Philadelphia, PA)
  - “Challenges and Mental Health of Caregivers” - Lectured to medical residents and interns who were enrolled in an interprofessional education initiative about the challenges that caregivers of the elderly experience and how their mental health may be affected.

## RESEARCH EXPERIENCE

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**Dissertation Title:** The Impact Caregiving and Decision-Making Has on Adult Sibling Relationships

**Purpose of Study:** To explore how the sibling relationship is impacted due to caring for a parent with dementia and the decision-making process that goes along with caregiving.

**Dissertation Faculty Chair:** Bruce Zahn, Ed.D., ABPP

### Internship Quality Improvement (QI) Project

- Improving Drug and Alcohol Assessment at Intake Evaluation
  - September 2018 - June 2019; Intercommunity Action, Inc.
  - Principal Investigator(s): Christina Vroman, M.A., M.S., Lauren Matturro, M.A., M.S., Erin Hopkins Stern, M.A., M.S., Lauren Steinbeck, M.A.
  - Personal Roles: Assisted with developing a thorough drug and alcohol assessment

## VOLUNTEER WORK

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*Court Appointed Special Advocate (CASA) of New Jersey*

New Brunswick, NJ

*Volunteer Advocate*

September 2011 - September 2012

- **Description:** Court Appointed Special Advocates (CASA) of New Jersey is a non-profit organization that provides a voice for abused and neglected children by empowering a statewide network of county-based CASA programs. Working through community volunteers, these programs advocate on behalf of the children in foster care and other out-of-home placements to ensure their well-being and ultimate placement in safe and nurturing permanent homes.
- **Responsibilities:** Made weekly visitations to children who were involved in the Division of Child Protection and Permanency; Attended monthly court hearings for the child and advocated child's desires; Held frequent meetings with each person involved with the child; Wrote and submitted court reports advocating for the child; Attended school meetings regarding the child's progress

## ASSESSMENT EXPERIENCE

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- Wechsler Intelligence Scale for Children - 5<sup>th</sup> Edition (WISC-V)
- Wechsler Adult Intelligence Scale - 4<sup>th</sup> Edition (WAIS-IV)
- Wechsler Preschool and Primary Scale of Intelligence - Fourth Edition (WPPSI-IV)
- Wechsler Individual Achievement Test - 4<sup>th</sup> Edition (WIAT-4)

- Wide Range Achievement Test - Fourth Edition (WRAT-IV)
- Comprehensive Test of Nonverbal Intelligence - Second Edition (CTONI-2)
- Wide Range Assessment of Memory and Learning - Second Edition (WRAML-2)
- Children's Memory Scale (CMS)
- Wechsler Memory Scale - Fourth Edition (WMS-IV)
- Conners' Continuous Performance Test - Third Edition (CPT-3)
- Delis-Kaplan Executive Function System (D-KEFS)
- A Developmental Neuropsychological Assessment - Second Edition (NEPSY-2)
- Comprehensive Test of Phonological Processing - Second Edition (CTOPP-2)
- Vineland Adaptive Behavior Scales - Third Edition (Vineland-3)
- Autism Diagnostic Interview - Revised (ADI-R)
- Autism Diagnostic Observation Schedule - Second Edition (ADOS-2)
- The Brief Observation of Symptoms of Autism (BOSA)
- Anxiety Disorder Interview Schedule - Fourth Edition (ADIS-IV)
- Minnesota Multiphasic Personality Inventory - Adolescents (MMPI-A)
- Personality Assessment Inventory (PAI)