

# JOSHUA J. LOVELL, PhD

Licensed Clinical Psychologist:  
New Jersey (35SI00731300)  
Pennsylvania (PS019999)

## Education

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### **Doctor of Philosophy (Ph.D.) in Clinical Psychology**

Hofstra University Graduate Program (Sep 2016 – June 2021)

Dissertation: *Repetitive Negative Thinking as an Experiential Avoidance Behavior in Depression: Basic Research for the Refinement of Cognitive-Behavioral Theory*

### **Master of Arts, Clinical Psychology**

Hofstra University (May 2017)

Master's Thesis: *Boredom as Context to Examine Functions of Self-Harm & Self-Deprecation*

### **Bachelor of Arts, Psychology with Honors and Distinction**

Hofstra University Honors College (Sep 2011 – May 2015)

## Clinical Experience

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### **Center for Emotional Health of Greater Philadelphia**

**(August 2023 – Present)**

*Staff Psychologist*

- Provide treatment of OCD, PTSD, depression, phobias, anxiety disorders, interpersonal/relationship issues, and couples therapy

### **Center for Emotional Health of Greater Philadelphia | Postdoctoral Fellowship**

**(July 2021 – July 2023)**

*Postdoctoral Fellow*

- Provide supervised treatment of anxiety disorders

### **VA Connecticut Healthcare System | PTSD and Comprehensive Outpatient Mental Health Track**

**(July 2020 – June 2021)**

*Psychology Intern*

- PTSD Clinic; LGBT Services; Trans Veteran Process Group; Anger Management Group; Acceptance and Commitment Therapy Clinic; Dialectical Behavior Therapy Clinic

### **Hofstra University | Student Health and Counseling Services**

**(Sept. 2016 – July 2020)**

*Crisis Intervention Specialist*

- Mental health crisis risk assessment and intervention; ER liaison for coordinating care pre/post-discharge

### **The Unified Behavioral Health Center for Military Veterans and their Families | Northwell Health Trauma Externship Track (July 2019 – July 2020)**

*Psychology Extern*

- In partnership with the Northport VA Medical Center treated PTSD, mood disorders, provided couples therapy for veterans and their families.

### **Behavioral Health College Partnership-Zucker Hillside Hospital | Northwell Health Dialectical Behavior Therapy Track (July 2018 – July 2019)**

*Psychology Extern*

- Trained and supervised in a fully structured DBT program and served as a member of a formal outpatient DBT consult team.

## Clinical Experience (continued)

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### **Practicum Therapist**

*The Acceptance and Commitment Therapy Clinic - Hofstra University*

Supervisor: Dr. Joseph Scardapane, Ph.D.

**Sept. 2018 – June 2020**

### **Practicum Therapist**

*The Anxiety and Depression Clinic - Hofstra University*

Supervisor: Dr. William Sanderson, PhD.

**Sept. 2016 – Sept. 2018**

### **Practicum Therapist / Undergraduate Clinical Intern / Research Assistant**

*Institute for the Study and Treatment of Anger and Aggression - Hofstra University*

Supervisor: Dr. Howard Kassino, PhD

**Oct. 2013 – Dec. 2016**

### **Assistant Activity Therapist**

*Spring Mountain Treatment Center*

**June 2015 – Aug. 2016**

## Research Experience

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### **Publications**

Wilks, C. R. Chu, C., Sim, D., **Lovell, J.**, Guitierrez, P., R., Joiner, T., Kessler, R. C., & Nock, M. N. (Under Review). A systematic review of suicide prevention apps for user engagement and usability. *Journal of Affective Disorders*.

**Lovell, J.**, Ward-Ciesielski, E.F. (In preparation). Boredom as Context to Examine Functions of Self-Harm & Self-Deprecation

## Research Experience (continued)

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### **Professional Presentations**

**Lovell, J.** Expanding the Role of Precision Teaching: Theory, Applications, and Technology for Clinical Psychology (2018) Symposium presented at the 44<sup>th</sup> Annual Convention for the Association of Behavior Analysts International, San Diego, CA.

### **Conference Posters**

Buqo, T., Arunagiri, V., **Lovell, J.**, Krychiw, J., & Ward-Ciesielski, E. F. (2017, November). Complicated grief and posttraumatic stress symptoms across loss contexts: The impact of role centrality. Poster presented at 51st ABCT Annual Convention in San Diego, CA.

### **Research Labs and Projects**

#### **Suicide Behaviors Research Lab – Hofstra University**

Principle Investigator: Dr. Erin Ward-Ciesielski, Ph.D

*Graduate Research Investigator*

**Sept. 2017 – June 2020**

**Project:** Repetitive Negative Thinking as an Experiential Avoidance Behavior in Depression: Basic Research for the Refinement of Cognitive-Behavioral Theory (Jan. 2019 – Aug. 2020)

Principle Investigator: Joshua Lovell, M.A.

- Basic, experimental research specifying mechanisms of reinforcement in negative thinking patterns such as rumination, worry, and self-criticism.
- Dissertation project used a sample of depressed undergraduate students.

**Project:** Single Payer Health Care and Suicide Rates (Sept. 2020 – present)

Principle Investigator: Joshua Lovell, M.A.

- Archival research on variables related to health care systems in various countries as they relate to suicide rates
- Surveying of clinical psychologists for perceptions of single payer healthcare models.

**Project:** Boredom as Context to Examine Functions of Self-Harm & Self-Deprecation (Jan. 2017 - Jan. 2019)

Principle Investigator: Joshua Lovell, M.A.

- Examine function of self-deprecating thoughts and physical self-harm as regulatory in nature.
- Develop novel stimuli to assess relationship between negative thoughts, self-verification, and relief

## Research Experience (continued)

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**Project:** Complicated Grief and Post-Traumatic Stress Symptoms Across Loss Contexts: The Impact of Role Centrality (Sept. 2017 – Sept. 2018)

Principle Investigator: Tom Buqo, M.A. Co-Investigators: **Joshua Lovell, M.A.** and Jacqueline Krychiw, M.A.

- Examine if an underlying mechanism (role centrality) was differentially associated with complicated grief rather than posttraumatic stress.

### **Health Psychology / Behavioral Medicine Lab – Hofstra University**

**Sept. 2014 – May 2015**

Primary Investigator: Dr. Sarah Novak, PhD.

*Research Assistant*

Attended weekly meetings to collaborate on research projects: gender threat and product testing, mental health and dating stigma, and mindfulness and mortality salience. Reviewed Health Psychology research and provides critiques and feedback in a lab setting. Additionally, coded data and analyzed results for various projects.

### **Social Motivation and Perception Lab – New York University**

**May 2014 – Sept. 2014**

Primary Investigator: Dr. Emily Balcetis, PhD.

*Research Assistant*

Assisted Dr. Emily Balcetis with three research projects over the course of a summer: emotional perception bias in relationship conflicts, difficulty evaluations and perceptions of distance, and attractiveness perceptions and relationship threat. Specific responsibilities included running participants, statistical analysis of data, and supervising other research assistants.

## Assessment Training

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Clinician Administered PTSD Scale for DSM-V	July 2018
Self-Injurious Thoughts and Behaviors Interview	Sept. 2017
University of Washington Risk Assessment Protocol for Assessors	Sept. 2017
University of Washington Risk Assessment and Management Protocol	Sept. 2017
Wechsler Intelligence Scale for Children — Fifth Edition	Sept. 2016
Woodcock Johnson IV Tests of Achievement & Extended Tests	Sept. 2016
Woodcock Johnson Test of Oral Language	Oct. 2017
Mini International Neuropsychiatric Interview — Version 7.0.0	Oct. 2017
Nelson Denny Reading Test.	Dec. 2016
Gray Oral Reading Test, Fifth Edition.	Dec. 2016
Test of Written Language, Fourth Edition.	Dec. 2016

## Assessment Training (continued)

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Wechsler Intelligence Scales (WAIS-IV, WISC-V, and WPPSI-IV).	Sept. 2016
Stanford-Binet Intelligence Scales, Fifth Edition.	Nov. 2016
Wechsler Memory Scale (WMS-IV).	Oct. 2016
Children's Memory Scale (CMS).	Oct. 2016
Bender Visual-Motor Gestalt Test, 2nd Edition (Bender-Gestalt-II).	Sept. 2016

## Clinical Training Seminars

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Assessing Readiness for Hormone Therapy in Trans Veterans – Dr. Joel Wyatt	Nov. 2020
Acceptance and Commitment Group Therapy Seminar – Dr. Jason DeViva	Aug. 2020
Prolonged Exposure Therapy Seminar – Dr. Jason DeViva	Aug. 2020
Dialectical Behavior Therapy Seminar – Dr. Emily Cooney & Dr. Seth Axelrod	July 2020
Cognitive Processing Therapy Seminar – Dr. Jason DeViva	July 2020
Acceptance and Commitment Therapy Seminar – Dr. Joseph Scardapane	Sept. 2019
Exposure for Anxiety Disorders – Dr. Mitchell Schare	Sept. 2019
Exposure Therapy for Trauma – Dr. Mitchell Schare	Jan. 2019
Suicide Treatment and Research Seminar – Dr. Erin Ward-Ciesielski	Sept. 2018
Parent Child Interaction Therapy – Dr. Phyllis Ohr	Sept. 2018
Behavioral Counseling and Psychotherapy (CBT) – Dr. William Sanderson	Sept. 2017
Dialectical Behavior Therapy Workshop – Dr. Adam Payne	Oct. 2016
Assessing Risk of Violence Workshop – Dr. Merry McVey-Noble	Nov. 2016
Assessing Suicide Risk Workshop – Dr. Erin Ward-Ciesielski	Sept. 2016
Risk Assessment for Eating Disorders – Dr. Merry McVey-Noble	Sept. 2016
Assessment and Title IX Briefing for Victims of Sexual Assault – Dr. Merry McVey-Noble	Sept. 2016
LGBTQ Patient Advocacy & Title IX Training - Amanda Del Gaudio, MSW	Nov. 2017
Basic Legal and Ethical Issues for Psychologists Workshop – Dr. John Guthman	Sept. 2016
Risk Assessment for Psychosis and Mania in College Students - Dr. Merry McVey-Noble	Sept. 2016

## **Professional Activities**

NYC-CBT Liaison: volunteer position for advertising local events through NYC-CBT to faculty, peers, and coworkers.

MAT Test Proctor and Administrator: administer Miller's Analogy Test to prospective graduate students in Long Island community through Pearson Testing.

Attend and volunteer for tabling at Association for Behavioral Cognitive Therapist Conferences

## **Professional Organizations**

American Psychological Association	Sept. 2016 – present
Association for Behavioral & Cognitive Therapies	Sept. 2014 – present
Association for Contextual Behavioral Science	Sept. 2016 – present
Association for Behavior Analysis International	Jan. 2016 – present