

Megan Lydia DeRiso, Psy.D.

EDUCATION

College of Psychology | Nova Southeastern University | Fort Lauderdale, FL

- Doctor of Psychology [Psy.D.] in Clinical Psychology, American Psychological Association accredited doctoral program in clinical psychology. *Concentration: Health Psychology.* June 2023

Psychological clinical implications of HPA axis functioning: Literature review of the bidirectional relationship between the HPA axis and mental health conditions.
Supervisor: Barry Nierenberg, Ph.D., ABPP

- Master of Psychology [M.A.] in Clinical Psychology. August 2020

Rutgers University | New Brunswick, NJ

- Bachelor of Arts [B.A.], *Cum Laude*, Psychology Major, Criminology Minor May 2017

HONORS AND AWARDS

Alies Muskin Career Development Leadership Program (CDLP) Award: Clinical Track Awardee | ADA, 2024

Research Intern of the Year | University of Texas Health at San Antonio, 2023

National Register of Health Psychologists Scholarship | National Register of Health Psychologists, 2022

Psi Chi International Honor Society | Nova Southeastern University, 2019-2022

Phi Sigma Pi, Rutgers Psychology Honor Society, Tau Sigma Honor Society, and the National Society of Leadership and Success | Rutgers University, 2016-2017

Phi Theta Kappa and Psi Beta National Honor Societies | Rutgers University, 2014

Dean's List | Rutgers University, 2013-2017

CLINICAL TRAINING AND EXPERIENCE

The Center for Emotional Health | Princeton, NJ

August 2023 – Present

Licensed Clinical Psychologist

- Administers, scores, and interprets assessment measures for integrated psychoeducational reports for evaluation of intelligence, academic achievement, and mental illness.
- Conducts individual outpatient therapy with an emphasis on holistic care with a variety of clinical presentations, primarily related to anxiety, OCD, phobias, panic, and health-related conditions (i.e., chronic illness, terminal illness, disability, medical trauma, and other health conditions).
- Primary therapy modalities include Cognitive-Behavioral Therapy (CBT) and humanistic orientation.
- Primary interventions include Exposure and Response Prevention (ERP) for OCD, interoceptive exposures for panic disorder, and gradual exposures for specific phobia.
- Attends bimonthly continuing education seminars presented by CEH.

University of Texas Health Science Center | San Antonio, TX

July 2022 – July 2023

Predoctoral Intern

Major Rotation I | Transitional Care Clinic | Supervisors: Feiyu Li, Ph.D., David Roberts, Ph.D.

- Completed intake assessment, created individualized treatment plans, and provided evidence-based therapy for patients.
- Acted as triage intake leader: assigned brief intake assessment to staff members and assigned patients to providers based on presenting problems. Patients presented with a variety of behavioral health problems, with the majority of patients being high risk, recently discharged from inpatient treatment. All patients represented wide cultural and socioeconomic diversity.
- Participated in DBT Consultation Group, conducted DBT Orientation and Commitment sessions for patients, and taught DBT Skills Group.
- Supervised two master's level clinicians.
- Participated in program development and oversight.

Major Rotation II | San Antonio State Hospital | Supervisors: Steve Logsdon, Ph.D., Heather Holder, Ph.D., ABPP

- Completed individual diagnostic assessment interviews and assessment batteries for integrated reports and treatment planning.
- Conducted competency and violence risk assessment evaluations.
- Provided individual and group therapy for psychiatric inpatients.
- Worked cohesively on interdisciplinary team to provide care.
- Advised treatment team by providing feedback and treatment recommendations.

Minor Rotation | Advance Clinic | Supervisors: Don McGeary, Ph.D., Jeslina Raj, Psy.D.

- Provided evidence-based individual therapy for long-term therapy patients.
- Provided Brief Cognitive Behavioral Therapy for Chronic Pain (BCBT-CP) in a group setting.

Weston Psychological Associates/Neurofeedback Institute | Weston, FL

April 2021 – May 2022

Supervisor | Rick Harris, Psy.D.

Psychometrician, Therapist

- Administered, scored, and assisted with interpretation and report writing of integrated reports for evaluation of intelligence, personality, and neurological dysfunction under the direct supervision of a licensed psychologist. A full list of assessments proficient in available upon request.
- Conducted individual outpatient and group therapy with anxiety and eating disorder clients.

Broward Health Medical Center | Behavioral Health | Fort Lauderdale, FL

August 2020 – August 2021

Supervisor | Maria Fimiani, Psy.D.

Psychology Trainee

- Performed consultation liaison work for medical inpatients throughout various departments in the general hospital (ICU, NICU, Pediatrics, Hematology/Oncology) and inpatient psychiatric facility.
- Provided treatment recommendations to hospital colleagues and interdisciplinary team members.
- Provided brief, evidence-based therapy for medical inpatients and medical outpatients.
- Lead group therapy two times per week with psychiatric inpatients.
- Assisted in liver and kidney transplant candidacy evaluations.

Anxiety Treatment Center | Nova Southeastern University, Psychological Services Center | Fort Lauderdale, FL

Supervisor | Kayla Thayer, Ph.D.

August 2019 – August 2020

Psychology Trainee

- Conducted structured diagnostic assessment interviews and administered clinical assessment measures to write integrated biopsychosocial reports.
- Created and implemented personalized treatment plans and provided treatment for clients with a range of anxiety and comorbid psychological disorders.
- Treatment included evidence-based, Cognitive Behavioral Therapy (CBT) and Exposure and Response Prevention (ERP) therapy for individuals with anxiety.

OTHER CLINICAL EXPERIENCE

IDEA Initiative | Nova Southeastern University | Fort Lauderdale, FL

September 2019 – September 2021

Supervisors | Harry Feldman, M.D., FACP, Barbara Garcia-Lavin, Ph.D.

Interdisciplinary Healthcare Team Leader

- Lead an interdisciplinary team of healthcare and medical students and faculty to create workshops for various populations that integrate the best practices in hypertension.
- Presented workshops at health fairs and to faculty members of academic institutions, in addition to local television mediums spanning an audience of 2.5 million viewers.

Bonnie Brae Residential Care | New Brunswick, NJ

May 2016 – September 2016

Supervisor | Joe Sampson, M.S.

Childcare Counselor

- Provided care for at-risk teenage boys with psychological and developmental disorders in a residential setting.
- Worked under licensed professionals to administer quality treatment, effective improvement plans, and general care for residents.
- Received certifications for Adventure Based Counseling, The Nurtured Heart Approach, Trauma Informed Care, and Professional Crisis Management Level 2 Practitioner.

GRADUATE TEACHING EXPERIENCE

College of Dental Medicine | Nova Southeastern University | Fort Lauderdale, FL

January 2021 – May 2021

Supervisor | Keith Lit, M.D.

Assistant Professor – Behavioral Science

- Taught appropriate communication, relaxation techniques, and motivational interviewing for patients to dental students.
- Facilitated labs for dental students to practice skills learned through role play and discussion.
- Graded weekly papers and provided direct feedback for students.

College of Psychology | Nova Southeastern University | Fort Lauderdale, FL

December 2019 – May 2020

Instructor | Kayla Thayer, Ph.D.

Graduate Teaching Assistant – Adult Intervention I

- Hosted guest lectures, graded class participation, and provided direct feedback for students practicing CBT interventions by facilitating role-plays each class.

UNDERGRADUATE TEACHING EXPERIENCE

Department of Psychology | Rutgers University | New Brunswick, NJ

August 2016 – August 2017

Instructor | Lyra Stein, Ph.D.

Undergraduate Teaching Assistant – Abnormal Psychology

- Answered student questions and provided feedback for student papers.

RESEARCH EXPERIENCE

College of Psychology | Nova Southeastern University | Fort Lauderdale, FL

December 2019 – August 2021

Supervisor | Kayla Thayer, Ph.D.

Graduate Research Assistant

- Conducted literature reviews for the assessment of and evidence-based interventions for disgust in the OCD population.
- Attended team meetings to review findings with colleagues.

College of Psychology | Nova Southeastern University | Fort Lauderdale, FL

October 2018 – October 2019

Supervisor | Barry Nierenberg, Ph.D., ABPP

Graduate Research Assistant

- Performed literature reviews and data analysis related to the study of chronic pain. Conducted clinical intake interviews to collect psychometric data.
- Attended team meetings to discuss and generate ideas for research.

PUBLICATIONS

Thayer, K., **DeRiso, M.**, Warren, J., Wilson, A., & Vance, S. (December 2021). What therapists need to know about the treatment of OCD when disgust is part of the clinical presentation. *Journal of Affective Disorders Reports*.

CLINICAL PRESENTATIONS

DeRiso, M. (2023). Disability in Graduate Students. Symposium presented at the University of Texas Health at San Antonio, Research Quality Improvement Day Grand Rounds, San Antonio, TX.

DeRiso, M., Derbaly, A., Gelep, C., & Gibson, C. (2020). Child Cognitive Vulnerability to Depression. Poster presented at the annual convention of the American Psychology Association, Washington DC (virtual).

Gelep, C., **DeRiso, M.**, Derbaly, A., Cavallo, N., & Nierenberg, B. (2021). The COVID-19 Significant Impact on the Deaf and Hard of Hearing Community. Poster presented at the American Psychological Association Convention, Rehabilitation Psychology Division, Austin, TX (virtual).

Carlsson, S., **DeRiso, M.**, Maccarrone, J., & Nierenberg, B. (2020). Evaluating the Relationship Between Autonomic Response Variables and Executive Functioning. Poster presented at the American Psychological Association Convention, Rehabilitation Psychology Division, San Diego, CA.

Derbaly, A., & **DeRiso, M.** (2020). The Effect of Optimistic Attitudes for the Future on Stroke Recovery. Poster presented at the American Psychological Association Convention, Rehabilitation Psychology Division, San Diego, CA.

Gelep, C., Gibson, C., **DeRiso, M.**, Tuohy, K., Kniola, A., Derbaly, A., Char, S., & Kennedy, T. (2020). What is the Relationship Between Age at Evaluation, Number of Siblings, and a Child's ADOS-2 Total Score?. Poster presented at the annual convention of the American Psychological Association, Washington DC (virtual).

Derbaly, A., Gibson, C., Gelep, C., & **DeRiso, M.** (2021). The Impact of Pediatric Stroke on Social Development. Poster presented at the American Psychological Association Convention, Rehabilitation Psychology Division, Austin, TX (virtual).

Nierenberg, B., Derbaly, A., Gelep, C., Scholl, N., **DeRiso, M.**, & Carbrerea, C. (2021). Can You See Me? Disability Discrimination Among Graduate Students: A Call to Action for Improving the Graduate Experience. Symposium presented at the American Psychological Association Convention, Rehabilitation Psychology Division, Louisville, KY.

PSYCHOEDUCATIONAL PRESENTATIONS

- **October 2022** Addressing Inappropriate Client Behaviors, Transitional Care Clinic, San Antonio, TX
- **March 2021** Exercise and Diabetes, Boys and Girls Club of Broward County, Fort Lauderdale, FL
- **March 2021** Exercise and Diabetes, California Club Branch Library, Miami, FL
- **October 2019** The Impact of Hypertension, Helen Hoffman Plantation Library, Plantation, FL
- **November 2019** The Impact of Hypertension, Regent Park Nursing Home, Aventura, FL

SERVICE IN PROFESSIONAL ORGANIZATIONS

College of Psychology | Nova Southeastern University | Fort Lauderdale, FL

2020-2022

Disability Awareness and Well-Being Group (Student Affiliation of APA Division 22)

Supervisor | Barry Nierenberg, Ph.D., ABPP

Treasurer

- Participated in monthly group meetings, including organizing fundraising opportunities, creating awareness for individuals with disabilities, and monitoring group spending.

PROFESSIONAL MEMBERSHIPS

- American Psychological Association
- American Psychological Association, Rehabilitation Psychology (Division 22)

- National Register of Health Service Psychologists
- Anxiety and Depression Association of America

References available upon request.