

CURRICULUM VITAE
JENNA L. DAMICO
(she/her/hers)

CONTACT INFORMATION

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Princeton, NJ 08540

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LICENSES

New Jersey, Licensed Psychologist #35SI00807200
Pennsylvania, Licensed Psychologist #PS020687
Authority to Practice Interjurisdictional Telepsychology #24694

EDUCATION

September 2019-June 2025 Philadelphia, PA	Drexel University Ph.D. in Clinical Psychology (2025) Master of Science in Psychology (2021)
September 2013-June 2017 Philadelphia, PA	Drexel University Bachelor of Science in Psychology (2017)

CLINICAL EXPERIENCE

Licensed Psychologist. *The Center for Emotional Health of Greater Philadelphia, Princeton, NJ*
Treatment Setting: Independent Practice

April 2026-Present

- Provide individual psychotherapy to adults, adolescents, and children presenting with anxiety, obsessive-compulsive disorder, tics/Tourette's, attention-deficit/hyperactivity disorder, body-focused and repetitive behaviors, body dysmorphia, trauma, mood concerns, relationship issues, and life stressors
- Deliver evidence-based interventions (e.g., exposure and response prevention [ERP], cognitive-behavioral therapy [CBT], dialectical behavior therapy [DBT], acceptance and commitment therapy [ACT], comprehensive behavioral treatment for tics [CBIT], comprehensive behavioral treatment for skin picking and hair pulling [ComB], cognitive processing therapy [CPT])
- Perform cognitive and psychological testing

Postdoctoral Fellow. *The Center for Emotional Health of Greater Philadelphia, Princeton, NJ*
Treatment Setting: Independent Practice

Supervisor: Jayme Jacobs, Psy.D.

September 2025-March 2026

- Provided individual psychotherapy to adults, adolescents, and children presenting with anxiety, obsessive-compulsive disorder, tics/Tourette's, attention-deficit/hyperactivity disorder, body-focused and repetitive behaviors, body dysmorphia, trauma, mood concerns, relationship issues, and life stressors
- Delivered evidence-based interventions (e.g., ERP, CBT, DBT, ACT, CBIT, ComB, CPT)
- Performed cognitive and psychological testing

Psychology Intern. *Coatesville Veterans Affairs (VA) Medical Center, Coatesville, PA*

Treatment Setting: VA Medical Center, APA Accredited Psychology Internship

Supervisors: Danielle Schade, Psy.D., Jeffrey Schweitzer, Ph.D., & Rebecca Yeh, Psy.D.

July 2024-June 2025

Rotations:

Acute Inpatient Psychiatry Unit & Mental Health Administration

- Provided 1-3 sessions of inpatient, individual psychotherapy administering evidence-based interventions (e.g., CBT, DBT, motivational interviewing [MI], ACT) to Veterans presenting with serious mental illness (e.g., psychosis, personality disorders, bipolar disorders), suicide ideation, substance use, medical conditions, and acute stressors (e.g., homelessness)
- Administered neuropsychological assessments
- Delivered group therapy on various topics (e.g., hope, sleep, mindfulness)
- Participated in interdisciplinary treatment planning
- Developed and administered inpatient group therapy on "hope"
- Participated in leadership-related meetings within mental health administration

Behavioral Health Interdisciplinary Program

- Delivered outpatient, individual evidence-based psychotherapies (e.g., interpersonal psychotherapy for depression, DBT, problem-solving therapy) and measurement based-care for 12-16 sessions of treatment
- Participated in interdisciplinary team meetings regarding patient care

Comprehensive DBT Program

- Provided DBT in individual and group formats
- Delivered phone coaching as needed
- Led or participated in weekly DBT consultation team meetings

CPT Certification

- Completed 2-day VA certified CPT training
- Attended weekly CPT consultation meetings
- Provided individual CPT

Residential PTSD Program

- Delivered individual evidence-based psychotherapies for trauma (e.g., CPT, prolonged exposure [PE])
- Facilitated trauma-based group interventions (e.g., skills training in affective and interpersonal regulation)
- Administered and interpreted structured interviews (i.e., Clinician Administered PTSD scale for DSM-5) and self-report assessments (e.g., PCL-5)
- Participated in interdisciplinary team meetings regarding patient care

Master's Level Clinician. *CBT Center for Anxiety & OCD, Media, PA*

Treatment Setting: Independent Practice

Supervisors: Katie Parsons, Psy.D. & Amy Young, Psy.D.

July 2023-July 2024

- Provided individual psychotherapy to adults, adolescents, and children presenting with anxiety, obsessive-compulsive disorder, tics/Tourette's, phobias, attention-deficit/hyperactivity disorder, body-focused and repetitive behaviors, body dysmorphism, trauma, developmental disorders, and mood concerns
- Delivered evidence-based interventions (e.g., ERP, CBT, PE, DBT, ACT, CPT, MI, habit reversal training [HRT])
- Provided crisis intervention (e.g., safety planning, distress tolerance skills) and phone support as needed

Practicum Clinician. *CBT Center for Anxiety & OCD, Media, PA*

Treatment Setting: Independent Practice

Supervisor: Katie Parsons, Psy.D.

July 2022-July 2023

- Provided individual psychotherapy to adults, adolescents, and children presenting with anxiety, obsessive-compulsive disorder, phobias, body-focused and repetitive behaviors, attention-deficit/hyperactivity disorder, autism, body dysmorphism, trauma, and mood concerns
- Delivered manualized protocols (e.g., cognitive behavioral therapy for body dysmorphism) and evidence-based interventions (e.g., ERP, CBT, PE, DBT, ACT, CPT, MI, HRT)
- Responded to crisis calls and delivered crisis interventions (e.g., safety planning, distress tolerance skills) as needed
- Provided peer supervision as needed

Practicum Clinician (Part-time). *Drexel University Psychological Services Center, Philadelphia, PA*

Assessment Team

Treatment Setting: Community Mental Health

Supervisor: Jody Aramburo, Psy.D.

March 2022-July 2023

- Conducted intake interviews and administered neuropsychological, personality, and socio-emotional assessment batteries
- Scored, interpreted, and integrated test data
- Generated comprehensive assessment reports and client feedback letters

Practicum Clinician (Part-time). *Drexel University Psychological Services Center, Philadelphia, PA*

Mother Baby Connections

Treatment Setting: Intensive Outpatient

Supervisor: Pamela Geller, Ph.D.

November 2020-October 2022

- Provided individual psychotherapy using evidence-based interventions (e.g., CBT, DBT, ACT, emotion-centered problem-solving therapy [EC-PST]) to new or expecting mothers

presenting with multiple mental health concerns (e.g., mood disorders, anxiety disorders, stress disorders, substance use disorders, suicidality), interpersonal stressors (e.g., relationship issues), medical conditions (e.g., asthma, diabetes), and safety issues (e.g., domestic violence)

- Delivered group therapy to new or expecting mothers on a variety of topics (e.g., exercise, self-care, stress management, sleep, body image)
- Participated in multidisciplinary treatment planning

Practicum Clinician. *Rowan University Wellness Center, Glassboro, NJ.*

Treatment Setting: University Counseling Center

Supervisor: Stacey Cahn, Ph.D.

August 2021-June 2022

- Provided time limited (i.e., 12 sessions) individual psychotherapy using evidence-based interventions (e.g., CBT, DBT, ACT) and supportive therapy to university students
- Lead and co-facilitated weekly dialectical behavior therapy groups
- Assisted in program development for a new, four-session, dialectical behavior training program for undergraduate students
- Provided supportive services to university students in quarantine with COVID-19

Practicum Clinician (Part-time). *Drexel University Psychological Services Center, Philadelphia, PA*

Child Team

Treatment Setting: Community Mental Health

Supervisor: Linda Friedman, Psy.D.

July 2021-July 2022

- Provided individual psychotherapy using evidence-based interventions (e.g., CBT, DBT) to children and adolescents presenting with various mental health concerns (e.g., mood disorders, anxiety disorders, attention-deficit hyperactivity disorder, suicidality, non-suicidal self-injury)

Practicum Clinician. *Drexel University Psychological Services Center, Philadelphia, PA*
Health Team

Treatment Setting: Community Mental Health

Supervisors: Pamela Geller, Ph.D., Linda Friedman, Psy.D., Mona Elgohail, Ph.D.

July 2020- July 2021

- Provided individual psychotherapy using evidence-based interventions (e.g., CBT, DBT, ACT) to adult patients presenting with various psychiatric conditions (e.g., mood disorders, personality disorders, anxiety disorders, stressor disorders) and comorbid health concerns

RESEARCH EXPERIENCE

Research Fellow, *Research Transition Office, Walter Reed Army Institute of Research, Silver Spring, MD.*

Principal Investigator: CPT John Novosel-Lingat, Ph.D.

January 2024-July 2024

- Assisted in projects examining the U.S. Army's suicide prevention program, Ask, Care, Escort (ACE) among soldiers, civilians, and Army personnel
- Conducted literature reviews, designed methodologies, and led team of master's level researchers
- Performed quantitative and qualitative analyses
- Generated technical reports and disseminated findings

Doctoral Dissertation, *Gender based stressors after the reversal of Roe v. Wade (1973): How transgender and gender diverse individuals appraise the Dobbs (2022) ruling*

Department of Psychological and Brain Sciences, Drexel University, Philadelphia, PA

Committee Chair: Arthur M. Nezu, Ph.D., DHL, ABPP

Committee Members: Christine Maguth Nezu, Ph.D., ABPP, Christopher Martell, Ph.D., ABPP, Francisco Sanchez, Ph.D., & Jennifer Katz-Buonincontro, Ph.D.

July 2023-November 2024

- Mixed methods study that investigated (a) the presence of gender based stressors among transgender and gender diverse (TGD) individuals in response to *Dobbs v. Jackson's Women's Health Organization* (2022), the reversal of *Roe v. Wade* (1973), and the language used in discussing abortion; (b) how TGD participants appraised the *Dobbs* (2022) ruling; and (c) protective factors and/or coping skills that attenuated the experiences of gender based stressors, as they related to the topic
- Created and pilot tested a questionnaire assessing for gender based stressors of misgendering, gender dysphoria, binary normativity, intrusive questioning, invalidation, and body vigilance
- Responsible for study design, IRB coordination, data collection and management, statistical analyses and interpretation, and dissemination of findings
- Supervised and trained undergraduate and graduate research assistants on study design, procedures, and analysis techniques

Master's Thesis, *Suicide, self-harm, social problem-solving, and sexual discrimination among sexual and gender diverse individuals*

Department of Psychological and Brain Sciences, Drexel University, Philadelphia, PA

Committee Chair: Arthur M. Nezu, Ph.D., DHL, ABPP

Committee Members: Christine Maguth Nezu, Ph.D., ABPP & Christopher Martell, Ph.D., ABPP

June 2020- December 2021

- Investigated how sexual discrimination contributed to suicidal ideation and self-harm among LGBTQIA2S+ individuals and determined whether social problem-solving moderated these relationships
- Responsible for study design, IRB coordination, data collection and management, statistical analyses and interpretation, and dissemination of findings
- Supervised and trained undergraduate and graduate research assistants on study design and procedures

Research Coordinator, *Stress and Coping Laboratory*, Department of Psychological and Brain Sciences, Drexel University, Philadelphia, PA

Principle Investigator: Arthur M. Nezu, Ph.D., DHL, ABPP

March 2018-July 2024

- Responsible for literature reviews, IRB coordination, data collection/management, abstract submissions, poster presentations, and dissemination of findings
- Performed and interpreted various data analyses
- Supervised and trained undergraduate and graduate research assistants

Research Projects:

- *Suicide and mental pain*
- *Trends in academic publishing within clinical psychology*
- *Sexual harassment and distress*

Professional Research Assistant, *Stress and Coping Laboratory*, Department of Psychological and Brain Sciences, Drexel University, Philadelphia, PA

Principle Investigator: Arthur M. Nezu, Ph.D., DHL, ABPP

January 2018-July 2024

- Examined Nezu & Nezu Social Problem-Solving model of Suicidality, a theoretical model examining interplay among emotional regulation, perceived stress, and social problem-solving skills in suicide risk
- Assisted in conducting literature reviews, submitting IRB Protocols, creating surveys on Amazon's Mechanical Turk, collecting data, performing validity checks on participants' data, preparing data for analyses, and disseminating findings
- Administered suicide risk assessments and determined severity of risk, engaging in safety planning as needed
- Provided peer supervision as needed to other research personnel administering suicide risk assessments
- Trained and supervised undergraduate research assistants

Research Projects:

- *College student reactions to stress and suicidal thoughts*
- *Stress, coping, and suicidal ideation among U.S. veterans*
- *Stress, coping, and suicidal ideation among college students*

Senior Thesis, *The role of stress and social problem-solving in substance use*

Department of Psychological and Brain Sciences, Drexel University, Philadelphia, PA

Committee Chairs: Arthur M. Nezu, Ph.D., DHL, ABPP & Christine Maguth Nezu, Ph.D., ABPP

September 2016-June 2017

- Examined perceived stress, social problem-solving, drug and alcohol use
- Responsible for study design, IRB coordination, data collection and management, statistical analyses and interpretation, and dissemination of findings

Undergraduate Research Assistant, *Stress and Coping Laboratory*, Department of Psychological and Brain Sciences, Drexel University, Philadelphia, PA

Supervisor: Arthur M. Nezu, Ph.D.

June 2015-June 2017

- Recruited and consented research participants
- Assisted in data collection and management (e.g., qualitative and quantitative data coding)
- Administered suicide risk assessments, engaging in safety planning as needed

Research Projects:

- *Identifying predictors of medication adherence in adult patients with asthma: A social problem-solving approach*
- *Assessing the psychometric properties of the Social Problem-Solving Inventory-Revised-10*
- *Social problem-solving and posttraumatic growth among United States military veterans*
Reacting to stressful events: How veterans cope
- *Problem-solving therapy to foster resilience among veterans who are homeless or at-risk for homelessness: A pilot randomized controlled trial*
- *Exploring the relationships among the major theories of problem-solving*
- *A pilot randomized controlled trial comparing the efficacy of problem-solving therapy to enhanced treatment-as-usual for reducing high blood pressure*

PROFESSIONAL EXPERIENCE

Managing Editor, *Clinical Psychology: Science and Practice*, American Psychological Association, Division 12, Washington, D.C.

July 2018-January 2026

- Corresponded with authors, reviewers, production staff, Associate Editors, and the Editor-in-Chief regarding status of manuscripts (e.g., extensions, deadlines, reviews)
- Coordinated solicitation of commentaries for accepted manuscripts
- Assisted in preparation of upcoming journal issues
- Prepared journal reports for the American Psychological Association, Division 12
- Previewed manuscripts submitted for publication, copy-edited accepted manuscripts, and exported documentation to publishers

Program Coordinator, *New Beginnings*, Drexel University, Department of Psychological and Brain Sciences, Philadelphia, PA

Co-Directors: Arthur M. Nezu, Ph.D., DHL, ABPP & Christine Maguth Nezu, Ph.D., ABPP

July 2017-September 2019

- Grant funded, community based mental health clinic administering EC-PST to U.S. Veterans, National Guard, and Reservists
- Built relationships with and recruited at VA Hospitals and community organizations serving Veterans in the Philadelphia area
- Attended and participated in Veteran and military conferences and advocacy events
- Served as a member of the Veterans' Task Force at Drexel University, a support organization for student Veterans
- Conducted psychodiagnostic and suicide risk assessments with Veterans and active-duty servicemembers experiencing high levels of psychological distress, engaging in safety planning as needed
- Scheduled and coordinated patient appointments
- Managed grant funds and documents, administered patients' travel compensation, coordinated office and recruitment supplies
- Performed data entry and variable coding for collected data

CONSULTING EXPERIENCE

Program Development, *Full of Possibilities, Inc.*

Founder & President: Christine Maguth Nezu, Ph.D., ABPP

Vice President & Treasurer: Arthur M. Nezu, Ph.D., DHL, ABPP

January 2023-June 2024

- Woman-led philanthropic 501(c)3 organization to provide needed resources for young African women to attend secondary boarding school (i.e., high school)
- Co-created content and story boards for animated videos as part of an educational life-skills training program (i.e., EC-PST)

TEACHING EXPERIENCE

2019-2023

Teaching Assistant
Drexel University

REVIEWING EXPERIENCE

October 2023-Present

Ad Hoc Reviewer
Clinical Psychology: Science and Practice

May 2023-June 2023

Student Advisory Board Member
Katz-Buonincontro, J. (2024). *How to mix methods: Sequential, concurrent and experimental designs*. American Psychological Association.

PUBLICATIONS

Nezu, A. M., Nezu, C. M., **Damico, J. L.**, & Gerber, H. R. (2023). Ineffective social problem-solving. In D. J. A. Dozois & K. S. Dobson (Eds.), *Treatment of psychosocial risk factors in depression*. American Psychological Association.

Nezu, C. M., & **Damico, J.L.** (2022). A special need for case formulation for persons with special needs. *Clinical Psychology: Science and Practice*, 29(3), 272–274. <https://doi.org/10.1037/cps0000092>

Nezu, A. M., Nezu, C. M., Gerber, H. R., & **Damico, J. L.** (2022). Emotion-centered problem-solving therapy. In G. J. Andersson (Ed.), *Comprehensive clinical psychology* (2nd ed., vol. 6, pp. 129-139). Elsevier.

PROFESSIONAL PRESENTATIONS

Clinical Presentations

Damico, J.L. (November 2023). *Relating with and supporting gender diverse individuals in higher education*. Invited presentation to Student Advisors in the College of Arts & Sciences at Drexel University.

Damico, J.L. (July 2023). *Case conceptualization: Use of case pathogenesis maps*. Invited presentation to Drexel University's Psychological Services Center.

Damico, J.L. (June 2023). *Interpersonal psychotherapy: An introduction*. Invited presentation to CBT Center for Anxiety & OCD clinical staff.

Damico, J.L. (October 2022). *Emotion-centered problem-solving therapy*. Invited talk to Drexel University's Psychological Services Center.

Damico, J.L. (July 2022). *Case conceptualization*. Invited presentation to Drexel University's Psychological Services Center.

Damico, J.L. (June 2022). *Relating with non-binary individuals: Increasing competency and understanding*. A wellness presentation to Drexel University's staff and faculty.

Damico, J.L. (November 2021). *Emotion-centered problem-solving therapy: Q&A*. Invited presentation to Drexel University's Psychological Services Center.

Damico, J.L. (July 2021). *Case conceptualization: Case pathogenesis and goal attainment maps*. Invited presentation to Drexel University's Psychological Services Center.

Poster Presentations

Nezu, A. M., **Damico, J.L.**, Nezu, C.M., Toner, K. (2023, August). *Trends in academic publishing within clinical psychology*. Poster presented at the annual convention of the American Psychological Association, Washington, D.C.

Damico, J.L., Nezu, A. M., Nezu, C.M., & Martell, C. (2022, August). *Suicide, self-harm, SPS, and sexual discrimination among sexual and gender diverse individuals*. Poster presented at the annual convention of the American Psychological Association, Minneapolis, MN.

Damico, J., Gerber, H., Nezu, A. M., & Nezu, C.M. (2021, May). *Sexual harassment and disparities in suicidal ideation as a function of perpetrator*. Poster presented at the 33rd annual convention of the Association for Psychological Science, Virtual Convention.

Damico, J., Nezu, A. M., Nezu, C.M., Gerber, H., & Ozel, D. (2020, November). *Social problem-solving mediates the relationship between sexual harassment and suicide ideation*. Poster presented at the 54th annual convention of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

Nezu, A. M., Nezu, C.M., Gerber, H., **Damico, J.**, & Ozel, D. (2020, November). *Social problem-solving moderates perceived stress and emotion reactivity in predicting suicide ideation among college students*. Poster presented at the 54th annual convention of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

Nezu, A.M., Gerber, H., Nezu, C.M., **Damico, J.**, Jones, L., & Leib, M. (2020, August). *A social problem-solving model of suicidality: Differences among military veterans as a function of previous suicide attempts*. Poster presented at the 128th annual convention of the American Psychological Association, Washington, D.C.

Damico, J.L., Nezu, A. M., Nezu, C. M., & Giannone, D. A. (2017, May). *The role of stress and social-problem solving in substance use*. Poster presented at the 1st annual Week of Undergraduate Excellence, Drexel University, Philadelphia, PA.

Damico, J. L., Nezu, A. M., Nezu, C. M., & Giannone, D. A. (2017, April). *The role of stress and social-problem solving in substance use: A proposed investigation*. Poster presented at the 12th annual Philadelphia Psi Chi Research Day, University of Pennsylvania, Philadelphia, PA.

Damico, J. L., & Gullikson, C. (2017, March). *Opioid dependence in pregnant women*. Poster presented at Drexel University Sex and Gender Research Forum, Philadelphia, PA.

Giannone, D., Nezu, A. M., Nezu, C. M., Diaz, C., & **Damico, J.** (2017, August). *Social problem-solving and posttraumatic growth among United States military veterans*. Poster presented at the 125th annual convention of the American Psychological Association, Washington, D.C.

PROFESSIONAL LEADERSHIP

<i>2023-2024</i>	Association for Contextual Behavioral Science Student Representative
<i>2021-2024</i>	Pennsylvania Psychological Association Campus Representative
<i>2020- 2023</i>	Association for Behavioral and Cognitive Therapies Ambassador

CERTIFICATION WORKSHOPS & TRAINING

<i>September 2025</i>	“Exposure and Response Prevention Therapy for OCD” <i>Cognitive Behavior Institute</i> Steven Tsao, Ph.D., David Yusko, Psy.D., & Christina DiChiara, Psy.D.
<i>September 2024-June 2025</i>	“Cognitive Processing Therapy” <i>Veterans Affairs Medical Center</i> Ellen Healy, Ph.D. & Jennifer Wachen, Ph.D.
<i>November-December 2022</i>	“Interpersonal Psychotherapy”

Barbara Posmontier, Ph.D.
6-week, Level A Certification Course

January 2021

“Clinical Suicidology Training”
National Register of Health Service Psychologists
Samantha Chalker, Ph.D., Blaire Ehret, Ph.D.,
Josephine Au, Ph.D., & David Jobes, Ph.D.

May 2020

“Telepsychology Best Practices”
American Psychological Association
Marlene M. Maheu, Ph.D.

HONORS & AWARDS

Kaleb George Memorial Scholarship, Fight Oar Die

June 2021

Pennsylvania Psychological Foundation Student Education Award, Pennsylvania Psychological Association

June 2021